

# YOUTH RESOURCE DIRECTORY

## INTRODUCTION

The teen years can be exciting, fun, confusing, and difficult all at the same time. It is time to discover who you are, what you believe, and the kind of person you want to be. It's also a time when there are a lot of hard choices to make about friendships, sex, alcohol, drugs, and school success or failure. It's important to know that decisions you make now can have long-lasting consequences.

The *Youth Resource Directory* contains the names and phone numbers of people and organizations which can lend a supportive hand to you in Allegan County. No matter what type of problem or concern you may have, there are resources available that can help make your life more interesting and enjoyable. Included in the directory are services and agencies in Allegan County as well as in the surrounding areas, such as Holland, Grand Rapids, and Kalamazoo, to which you may have access.

If you have a question, or are struggling with an issue, reach out! Reaching out to others when you need help is a sign of maturity, not weakness. It would be natural to turn to your family first, or even a caring teacher, school counselor, minister, or a knowledgeable friend. But you can also use the resources included in this directory. There are many people in Allegan County who really enjoy working with teenagers and have special skill in relating to and helping them. Use the Directory to call for information or assistance, and don't be afraid to ask questions or to say what you need. There are plenty of people ready and willing to help.

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## **ABUSE & NEGLECT**

### **ALLEGAN COUNTY COMMUNITY HEALTH**

3285 122<sup>ND</sup> Ave, Allegan, MI 49010

**Phone:** 269 673-0202

**Emergency Line:** 1888- 354-0596 (24hr/7days)

**Hours:** M-T 8am-7pm, W-TR 8am- 5pm F 8am-1pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

### **ALLEGAN COUNTY CIRCUIT COURT FAMILY DIVISION**

113 Chestnut, Allegan, MI 49010

**Phone:** 269 673-0534

**Hours:** M-F 8am- 5pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

The court provides legal and referral services for neglected/abused children and Adolescents in Allegan County.

### **ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES**

3255 122nd Ave, Suite 300 Allegan, MI 49010

**Phone:** 673-7700

**Hours:** M-F 8-5 (hours vary by worker)

**24-hour crisis:** 673-2346

**Website:** [www.michigan.gov](http://www.michigan.gov)

Receives complaints of neglect or abuse of children and adolescents in Allegan County, And investigates those complaints. The referring person remains anonymous unless Subpoenaed by the court. 24-hour Child Protective Service crisis line.

### **SAFE HARBOR CHILDREN'S ADVOCACY CENTER**

402 Trowbridge Allegan, MI 49010

**Phone:** 673-3791

Fax: 686-9481

**Hours:** 8:30-5:00 Monday-Friday

**Website:** [www.safeharborallegan.org](http://www.safeharborallegan.org)

Email [mainmailbox@safeharborallegan.org](mailto:mainmailbox@safeharborallegan.org)

Safe Harbor strives to eliminate child abuse and neglect because it is unacceptable.

The Center has four program areas including the Beverly Schroeder Children's Advocacy Center, Counseling for Abused Kids, the Child Safety Prevention Education Program, and the Court Appointed Special Advocate program. All of our services are for youth ages 0 to 17 and are free of charge. Information/education/counseling/intervention and advocacy.

### **ALLEGAN COUNTY SHERIFF'S DEPARTMENT**

112 Walnut Street Allegan, MI 49010

**Phone:** 673-0500

**Emergency:** 911

24 hour Central Dispatch: 673-3899

**Hours:** vary

**Website:** [www.allegancouty.org](http://www.allegancouty.org)

Provides emergency services to neglected or abused children and/or adolescents.

### **ALLEGAN GENERAL HOSPITAL**

Psychiatric Unit

551 Linn Street Allegan, MI 49010

**Phone:** 686-4171 or 686-4170

Main Hospital: 673-8424

**Hours:** vary by appointment

**Website:** [www.aghosp.org](http://www.aghosp.org)

Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

### **CENTER FOR WOMEN IN TRANSITION**

151 Brady Street Allegan, MI 49010

**Phone:** (Allegan): (269) 673-2299

**24 hour crisis line:** (616) 392-1970 or 1-800-848-5991

411 Butternut Dr

Holland, MI 49424

**Phone:** (Holland): (616) 392-2829

**Hours:** Allegan- M-T-TR-F 9AM-5PM W by appointment,

**Holland-** M-F 9AM-5PM,

**Grand Haven-** M-F 9AM-5PM

**Website:** [www.aplaceforwomen.org](http://www.aplaceforwomen.org)

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

### **DOMESTIC ASSAULT PROGRAM (YWCA)**

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

**Phone:** 385-2869



**24-hour crisis:** 385-3587

**Hours:** M-F 830AM -530PM

Crisis shelter open 24/7

**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

The Domestic Assault Program offers a support group for domestic assault. We also offer counseling to children over 5 from households where domestic violence is present. We offer a children's center, a mentoring program, and a sexual assault program. Along with our programs, we offer emergency shelter and transitional housing for victims. Our services are offered to both male and female victims.

### **SEXUAL ASSAULT PROGRAM (YWCA)**

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

**Phone:** 345-2869

**24-hour crisis:** 345-3587

**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

### **DOMESTIC VIOLENCE NATIONAL HOTLINE**

24 hrs. 7 days a week

**Phone:** 1-800-799-7233

**Website:** [www.ndvh.org](http://www.ndvh.org)

The Domestic Violence National Hotline offers Crisis intervention, safety planning, information about domestic violence and referrals to local service providers. Direct connection to domestic violence resources available in the caller's area provided by a Hotline advocate.

### **COMMUNITY HEALING CENTER**

2615 Stadium Drive Kalamazoo, MI 49008

**Phone:** 343-1651

**Hours:** M-T 8am-8pm Friday 8am-5pm

**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

### **NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

**Phone:** 673-6862

**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the

following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PARENT HELPLINE**

24 HRS Phone: 1-800-942-4357

**Website:** [www.gryphon.org](http://www.gryphon.org)

For parents or caregivers who feel frazzled and overwhelmed with the responsibilities of parenting, and would like some support. Also available entry for child protective services.

**SYLVIA’S PLACE DOMESTIC ASSAULT SHELTER**

P. O. Box 13Allegan, MI 49010

**Phone:** 673-8700

**Hours:** vary

**Website:** [www.sylviasplace.com](http://www.sylviasplace.com)

Safe shelter for abused women and their children found homeless due to domestic violence. Provides food, clothing, and shelter. Facilitates access to community resources. NO FEE.

**NATIONAL SEXUAL ASSAULT HOTLINE**

1-800-656-HOPE

**Website:** [www.rainn.org](http://www.rainn.org)

Gives Advice and educates those directly or indirectly affected by abuse and neglect.

**PLAINWELL COUSELING CENTER**

311 Park St. Plainwell, MI 49080

**Phone:** 269 685-9401

**Hours:** Vary by appointment

**Website:** [www.plainwellcounselingcenter.com](http://www.plainwellcounselingcenter.com)

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addiction. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients

**SUNDANCE CENTER**

6181 122<sup>ND</sup> Ave, Fennville,MI

**Phone:** 269-226-2400

Fax Number: 269-226-2403

**Website:** [www.sundancecenter.net](http://www.sundancecenter.net)

Email: [ulla@sundancecenter.net](mailto:ulla@sundancecenter.net)

The Sundance Center is a safe place to focus on personal or professional growth through holistic individual counseling or equine assisted learning and psychotherapy. Equine assisted professional workshops include team discovery, employee orientations, pre-employment interviews, and professional skills building workshops.

**HOSPITALITY HOUSE**

P.O. Box 2411 Holland, MI 49423  
Fax: 616-392-1252  
Phone: 616-396-1417  
Web address: N/A  
Provides shelter for women and children.

**ALCOHOL & OTHER DRUGS**

**THE ARK**

990 West Kilgore 24-hour Kalamazoo, MI 49008  
**Phone:** 343-8765 or 1-800-873-8336  
**Hours:** open 24 hours every day of the week  
**Website:** [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)  
A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

**CATHOLIC FAMILY SERVICES**

1819 Gull rd. Kalamazoo, MI 49048  
**Phone:** 381-9800 or Van buren county 269 621 2910  
**Hours:** M,TR,F 830am-5pm, Tuesdays 830am-7pm, and Wednesdays 830am-900pm. All counseling services by appointment only  
**Website:** [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)  
In partnership with the ARK, Catholic Family Services offers services for homeless runaways and youth in crisis, ark community services, transitional living for youth, pregnancy and parenting services, and mental health counseling for youth and adult.

**PATHWAYS, MI**

217 Hubbard Street, Allegan, MI 49010  
**Phone:** 673-1896 or 1 866 673 1896  
Fax: 269 686 2011  
**Hours:** M-TR 8am-5pm  
**Website:** [www.pathwaysmi.org](http://www.pathwaysmi.org)  
Provides substance abuse counseling for adolescents and adults, as well as those who are impacted by a family member who has a substance abuse problem. Services include individual, marital, family, and group counseling. Pathways has services and resources for early childhood through the Western Regional Resource Center. Pathways offers a variety of parenting services to strengthen families through education and parenting approaches. Pathways also offers Adoption services. FEE: Varies according to

individual need and ability to pay.

**FIRST CALL FOR HELP**

Housing Resource center  
1291 Lincoln Rd Allegan, MI 49010  
**Phone:** 269 686-2100 or 1 866 711 7777  
**Fax:** 269 686 2105  
**Hours:** M-F 9am-4pm  
**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

**The Allegan County Crisis Response:**

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**COMMUNITY HEALING CENTER**

2615 Stadium Drive Kalamazoo, MI 49008  
**Phone:** 343-1651  
**Hours:** M-T 8am-8pm Friday 8am-5pm  
**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

**NATIONAL CLEARINGHOUSE FOR ALCOHOL/DRUG INFORMATION**

**Phone:** 1-877 SAMHSA-7 or 1877-767-8432 Espanola  
**Fax:** 240 221 4292  
**Hours:** M-F 8am;8pm  
**Website:** [www.ncadi.samhsa.gov](http://www.ncadi.samhsa.gov)

24 hour referral service to area providers of substance abuse services, and free government publications on alcohol and drug use.

**NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services  
320 Spruce Street Allegan, MI 49010-1526  
**Phone:** 673-6862  
**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**OTTAGAN ADDICTIONS RECOVERY, INC.**

108 Chestnut Street Allegan, MI 49010

**Phone:** 269 686-9810 Allegan

616 396-5284 Holland

616 842-6710 Grand Haven

**Hours:** M-F 830am-5pm

**Website:** [www.oar-inc.org](http://www.oar-inc.org)

Outpatient counseling is provided for those affected directly or indirectly by chemical dependence in individual or group therapy sessions. Counseling services for family members and friends are available weekly. We also offer Residential substance abuse treatment. Our services are open to those 16 years and older. Male and Female substance abuse are offered separate. FEE: Sliding fee scale for those who qualify.

**PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)**

122 E. Chart Street Plainwell, MI 49080

**Phone:** 685-6363

**Hours:** (Varies) M-F 9am-9pm or by appointment

**Website:** None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but n o limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

**RECOVERY SOURCES MINISTRY**

100 S. Pine St. Suite 110 Zeeland, MI 49464

**Phone :**616-748-6024

**Hours:** Tues & Thurs. 9-5 pm

**Website:** [www.recoverysourceministry.org](http://www.recoverysourceministry.org)

Recovery source ministry is a support group designed to help youth struggling with addiction toward recovery and healing licensed counselor on staff as well. Call for an appointment,

**PLAINWELL COUSELING CENTER**

311 Park St. Plainwell, MI 49080

**Phone:** 269 685-9401

**Hours:** Vary by appointment

**Website:** [www.plainwellcounselingcenter.com](http://www.plainwellcounselingcenter.com)

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery,

education and prevention. There is also onsite licensed Social Workers trained in trauma work and addiction. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients. Support groups for those who survived abuse. Services are offered on a sliding scale fee.

## **ALCOHOL AND SUPPORT GROUPS**

### **A.A. MEETINGS**

Episcopal Church of the Good Shepherd  
101 N. Walnut Street Allegan, MI 49010

**Phone:** 673-2254

**Website:** N/A

Teens are welcome to all A.A Allegan open meetings scheduled weekly. Call for times.

### **FIRST CALL FOR HELP**

Housing Resource center  
1291 Lincoln Rd Allegan, MI 49010

**Phone:** 269 686-2100 or 1 866 711 7777

**Fax:** 269 686 2105

**Hours:** M-F 9am-4pm

**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

### **The Allegan County Crisis Response:**

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

### **HOLLAND ALANO CLUB**

201 E. 39th Street Holland, MI 49423

**Phone:** (616) 392-9116

**Hours:** Vary by meetings

**Website:** [www.hollandaa.com](http://www.hollandaa.com)

A.A., Alano Club, AL-A-TEEN meetings are coming soon. Teens can attend any open meetings offered here. Opening meetings are as follows: Saturday at 8pm is the open speakers meeting and Sunday morning at 8am for AA. Sunday at 830 for NA open meetings.

### **PLAINWELL COUSELING CENTER**

319 Park Street

Plainwell, MI 49080

Phone: 269.685.9401

Website: [www.plainwellcounselingcenter.com](http://www.plainwellcounselingcenter.com)

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients. Support groups for those who survived abuse. Services are offered on a sliding scale fee.

## **DEATH, GREIF, AND LOSS**

### **WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC.**

530 Linn Street, Suite A Allegan, MI 49010

**Phone:** 686-8659 or 1-800-796-2676

**Hours:** 24/7

**Website:** [www.alleganhospice.com](http://www.alleganhospice.com)

**Email:** [wings@acc.org](mailto:wings@acc.org)

Wings of Hope Hospice offer support and education for persons of all ages experiencing loss through death. Our professional bereavement staff serves as a resource to agencies, schools, etc., throughout Allegan County. Hospice grief support services are available to everyone at no charge. Call for more information about ongoing support groups, grief recovery classes, supportive services, and presentations.

### **HOSPICE OF HOLLAND, INC.**

270 Hoover Blvd. Holland, MI 49423

**Phone:** (616) 396-2972

**Hours:** vary

**Website:** [www.hollandhospice.org](http://www.hollandhospice.org)

Hospice of Holland provides end-of-life care to the terminally ill and their families through a team of nurses, social workers, home health aides, chaplains, and volunteers. Following the patient's death, Hospice Bereavement Counselors are available to provide grief counseling and support to family members and friends. Hospice Bereavement Services are also available on a limited basis to anyone in the community who has experienced the death of a friend or loved one. Counselors are also available to facilitate support groups, workshops, and seminars related to grief and loss in schools,

## **DIVORCE**

### **DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST**

239 Riverfront Plaza Allegan, MI 49010

**Phone:** 673-5897

**Hours:** By appointment

Counseling and psychological services for individuals, and families for a wide variety of concerns, including, but not limited to: depression, suicide, grief/loss, abuse, eating disorders, adjustment problems, divorce, and relationship problems.. Most insurances accepted.

### **CENTER FOR WOMEN IN TRANSITION**

151 Brady Street Allegan, MI 49010

**Phone:** (Allegan): (269) 673-2299

**Or 24 hour crisis line:** (616) 392-1970 or 1-800-848-5991

**Hours:** M,T,TR,F 9am-5pm and Wednesday by appointment only

411 Butternut Dr. Holland, MI 49424

**Phone:** (Holland): (616) 392-2829

**Hours:** M-F 9am-5pm

300 North Ferry St. Suite C

Grand Haven,MI 49417

**Hours:** M-F 9am-5pm

**Website:** [www.aplaceforwomen.org](http://www.aplaceforwomen.org)

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

### **FIRST CALL FOR HELP**

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

**Phone:** 269 686-2100 or 1 866 711 7777

**Fax:** 269 686 2105

**Hours:** M-F 9am-4pm

**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

### **The Allegan County Crisis Response:**

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.



Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services  
320 Spruce Street Allegan, MI 49010-1526

**Phone:** 673-6862

**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)**

122 E. Chart Street Plainwell, MI 49080

**Phone:** 685-6363

**Office Hours** (Varies) M-F 9am-9pm or

**Hours:** By appointment.

**Website:** None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

**PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC**

1530 Nichols Road Kalamazoo, MI 49006

**Phone:** 343-6700

**Hours:** vary

**Website:** [www.pinerest.org](http://www.pinerest.org)

Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services, adolescent residential services, and inpatient and outpatient services programmed specifically for the client's individual needs. All ages accepted

**PINE REST CHRISTIAN MENTAL HEALTH SERVICES**

300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165

**Phone:** (616) 455-9200 or 1-800-678-5500

**Hours:** vary

**Website:** [www.pinerest.org](http://www.pinerest.org)

The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address divorce adjustment, anger, separation grief, substance use and eating disorders. Professional staff develops treatment programs and provide a continuum of services that focus on the needs of the whole person and promote individual growth.

### **DESERT STREAMS**

995 Miller rd., Plainwell,MI

**Phone:** 269-685-9798

**Hours:** Varies by appointment, offer evening and Saturday appointments

**Website:** [www.Desertstreams.org](http://www.Desertstreams.org)

Desert Streams offers individual counseling, Family counseling Group counseling Psychological assessments ADHD diagnostic testing Neurotherapy Step / Blended Family counseling Divorce and post-divorce counseling for youth and their families.

## **EATING DISORDERS**

### **FIRST CALL FOR HELP**

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

**Phone:** 269 686-2100 or 1 866 711 7777

**Fax:** 269 686 2105

**Hours:** M-F 9am-4pm

**Website:** [www.accrsinc.com](http://www.accrsinc.com)

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Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**FOREST VIEW PSYCHIATRIC HOSPITAL**

1055 Medical Park Drive, SE Grand Rapids, MI 49546

**Phone:** (616) 942-9610 or 1-800-949-8439

**Website:** [www.uhsinc.com](http://www.uhsinc.com)

Forest View is a private facility that provides general psychiatric care for adults and adolescents. We also specialize in eating disorders, traumatic abuse, and addictions associated with mental illness. Treatment is offered in outpatient, inpatient and partial (day time only) hospital programs.

**NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

**Phone:** 673-6862

**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship

issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)**

122 E. Chart Street Plainwell, MI 49080

**Phone:** 685-6363

**Office Hours:** (Varies) M-F 9am-9pm or

**Hours:** By appointment.

**Website:** none

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

**PINE REST CHRISTIAN MENTAL HEALTH SERVICES**

300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165

**Phone:** (616) 455-9200 or 1-800-678-5500

**Hours:** vary

**Website:** [www.pinerest.org](http://www.pinerest.org)

The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological, family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address divorce adjustment, anger, separation grief, substance use and eating disorders.

Professional staff develops treatment programs and provide a continuum of services that focus on the needs of the whole person and promote individual growth.

## **EDUCATION**

### **HILLSIDE LEARNING AND BEHAVIOR CENTER**

212 Grove Street Allegan, MI 49010

**Phone:** 673-2167

**Hours:** M-F 830am-3pm

**Website:** [www.alleganaesa.org](http://www.alleganaesa.org)

Special education services for mentally, physically, and emotionally impaired students ranging from age 3 to 26. Our services cover Allegan, Martin, Fennville, Otsego, Glenn, Plainwell, Hopkins, and Wayland schools. Students must be referred by your local district for acceptance. Our services for special education include; Autism spectrum program, assistive technology services, an early on program for children 0-3, hearing impaired program, occupational therapy, physical therapy, speech and language therapy, vision and impairment program, and a work study/ transition services.

We have educational services for adults and parents. As well as information on educational services offered in their area. Services are available for home schooled and homeless children and troubled youth. Tutoring services are also provided at our school.

### **ALLEGAN COUNTY AREA TECHNICAL & EDUCATION CENTER**

2891 116th Avenue (M-222) Allegan, MI 49010

**Phone:** 673-3121

**Website:** [www.alleganaesa.org](http://www.alleganaesa.org)

High school students and adults can attend classes in:

- Auto Technology
- Building and Grounds Maintenance
- Commercial Arts
- Computer Accounting
- Computer Technology
- Construction Technology
- Diesel & Heavy Equipment Mechanics
- Drafting
- Electro-Mechanical
- Food Management
- Graphic Arts
- Greenhouse, Landscape & Environmental Science
- Health Occupations
- Machine Tool Technology
- Marketing
- Office Technology
- Welding

Also available are counseling, placement services for co-op positions, and a computer

lab. The center is open during normal school hours, as well as evenings for classes. See your school counselor or call the Tech-Ed Center for more information. Students must be enrolled in a local High School prior to admittance into our program. Upon entrance into our program, students will spend half of the day here at the Center and the other half home schooled. Our programs are competency based, hands-on programs which are aligned with the state of Michigan's six career pathways.

### **ALLEGAN EDUCATIONAL SERVICE AGENCY**

310 Thomas Street Allegan, MI 49010

**Phone:** 673-2161

**Hours:** M-F 9AM-5PM

**Website:** [www.alleganaesa.org](http://www.alleganaesa.org)

Personnel at the AESA can provide information and make referrals for youth who have questions and/or problems. People working for the AESA are involved with all local school districts as well as with all agencies in the county that provide human services. Open during normal school hours.

### **AMERICAN RED CROSS**

425 Hubbard Street Allegan, MI 49010

**Phone:** 673-8640

**Website:** [www.greaterkzooedcross.org](http://www.greaterkzooedcross.org)

The American Red Cross provides training in Standard First Aid, Infant and Child CPR, Adult CPR, Baby-sitting Training (for youth 10 and older), Basic Aid Training (for youth 5-8), First Aid for children (for youth 9-12), Water Safety Programs, Water Safety Instructors' Training, Lifeguard Training (for youth 17 years and older), and AIDS education.

### **MICHIGAN STATE UNIVERSITY EXTENSION OFFICE**

MSU Extension Allegan County

Human Services Building

3255 122nd Ave, Suite 101 Allegan, MI 49010

**Website:** [www.msue.msu.edu/allegan](http://www.msue.msu.edu/allegan)

**Phone:** 673-0370

**Hours:** vary

Extension is the educational outreach program of Michigan State University. Program areas include: Agriculture & Natural Resources; Children, Youth and Families; Community

Development & Rural Revitalization. 4-H Clubs, special interest activities, school programs, and Camp Kidwell are a part of the services.

### **NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

**Phone:** 673-6862

**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

### **ALLEGAN COUNTY MICHIGAN WORKS**

2891 116th Ave 888-520-0445 Allegan, MI 49010

**Phone:** 269-686-5329

**Website:** [www.michworks.org](http://www.michworks.org)

The Allegan County Michigan Works! Service Center is a service unit of the Allegan Area Educational Service Agency. A variety of services are available for youth (ages 14-21) living in Allegan County. Programs for youth attending high school include credit recovery, skill improvement, and summer work-based learning opportunities. Career Resource Centers (CRC) located in the local high schools focus on career exploration and post-secondary linkages for 11th and 12th graders. Staff provide assistance with resume writing, interviewing skills, job search skills, career exploration software, and job shadowing. For youth who are out-of-school (HS diploma/GED), we have occupational training for one year certificate programs and on-the-job training. Youth who have dropped out of school may receive services for obtaining a HS Diploma or GED, occupational training, and/or locating employment. An information session runs every Monday at 1:00 p.m. at the Michigan Works Service Center.

## **EMERGENCY ASSISTANCE**

### **ALLEGAN COUNTY COMMUNITY HEALTH**

3285 122<sup>ND</sup> Ave, Allegan, MI 49010

**Phone:** 269 673-0202

**Emergency Line:** 1888- 354-0596 ( 24hr/7days)

**Hours:** M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

### **HOUSING RESOURCE CENTER**

1291 Lincoln Road Allegan, MI 49010

**Phone:** 686-2100 or 1-866-711-7777

**Website:** [www.accrsinc.org](http://www.accrsinc.org)

24-hour crisis and trauma management services. Many professional interventions available for those experiencing or witnessing an event or situation that overwhelms their ability to cope. ACCRT also acts as a referral resource for available services throughout Allegan County. FEE: No charge.

### **ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES**

3255 122nd Ave, Suite 300 Allegan, MI 49010

**Phone:** 673-7700

**24-hour crisis:** 673-2346

**Website:** [www.michigan.gov](http://www.michigan.gov)

Receives complaints of neglect or abuse of children and adolescents in Allegan County, and investigates those complaints. The referring person remains anonymous unless subpoenaed by the court. 24-hour Child Protective Service crisis line.

### **ALLEGAN COUNTY SHERIFF'S DEPARTMENT**

112 Walnut Street Allegan, MI 49010

**Phone:** 673-0500

**Emergency:** 911

24 hour Central Dispatch: 673-3899

Provides emergency services to neglected or abused children and/or adolescents.

### **THE ARK**

990 West Kilgore 24-hour Kalamazoo, MI 49008

**Phone:** 343-8765 or 1-800-873-8336

**Hours:** open 24 hours every day of the week

**Website:** [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)

A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

### **BABY HOTLINE FOR PREGNANT WOMEN**

Maternal support helpline

**Phone:** 1-800-262-4784

### **DOMESTIC ASSAULT PROGRAM (YWCA)**

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

**Phone:** 385-2869

**24-hour crisis:** 385-3587

**Hours:** M-F 830AM -530PM

Crisis shelter open 24/7

**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

The Domestic Assault Program offers a support group for domestic assault. We also offer counseling to children over 5 from households where domestic violence is present. We offer a children's center, a mentoring program, and a sexual assault program. Along with our programs, we offer emergency shelter and transitional housing for victims. Our services are offered to both male and female victims.

### **VULNERABLE ADULT HOTLINE**

**Phone:** 1-800-996-6228

Provides support and guidance to youth and adults.

**FIRST CALL FOR HELP**

Housing Resource center  
1291 Lincoln Rd Allegan, MI 49010  
**Phone:** 269 686-2100 or 1 866 711 7777  
**Fax:** 269 686 2105  
**Hours:** M-F 9am-4pm  
**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

**The Allegan County Crisis Response:**

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**MICHIGAN STATE POLICE**

Wayland: (269) 792-2213  
S. Haven: (269) 637-2126  
**Website:** [www.michigan.gov/msp](http://www.michigan.gov/msp)

**NATIONAL RUNAWAY HOTLINE**

Phone: 1-800-RUNAWAY  
Website: [www.1800runaway.org](http://www.1800runaway.org)

A service set up to relay messages between runaways and their families without pointing blame at anyone. Provides help & resources to runaway youth 7 youths in crises as well as the family.

**PARENT HELPLINE**

24 HRS **Phone:** 1-800-942-4357  
**Website:** [www.gryphon.org](http://www.gryphon.org)

**REGIONAL POISON INFORMATION CENTER**

**Phone:** 1-800-222-1222

**RUNAWAYS RAP LINE**

Phone: 1-800-292-4517  
This toll-free hotline provides information and assistance to runaways and their families 24 hours a day



**SEXUAL ASSAULT PROGRAM (YWCA)**

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

**Phone:** 345-2869

**24-hour crisis:** 345-3587

**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

**SYLVIA'S PLACE DOMESTIC ASSAULT SHELTER**

P. O. Box 13Allegan, MI 49010

**Phone:** 673-8700

**Hours:** vary

**Website:** [www.sylviasplace.com](http://www.sylviasplace.com)

Safe shelter for abused women and their children found homeless due to domestic violence. Provides food, clothing, and shelter. Facilitates access to community resources. NO FEE.

**BORGESS PIPP HOSPITAL**

411 Naomi Street Plainwell, MI 49080

**Phone:** 685-6811

**Hours:** (non emergency M-F 8AM-5PM)

**Website:** [www.borgess.com](http://www.borgess.com)

Full medical services for pregnant women, including nurse midwifery services. Prenatal education classes offered. Topics include physical and emotional changes during the last trimester of pregnancy, relaxation and breathing techniques during labor, and helping techniques for the "support" person. No wait ER.

**TELEPHONE ASSISTANCE**

**Directory assistance:** 1-269-555-1212 or 1-(area code)555-1212

All 800 and 888 numbers are toll free. To make a collect call, dial 0, and then the number you wish to call.

**NATIONAL SEXUAL ASSAULT HOTLINE**

**Website:** [www.rainn.org](http://www.rainn.org)

## **EMPLOYMENT**

**ALLEGAN COUNTY MICHIGAN WORKS! SERVICE CENTER**

2891 - 116th Avenue Allegan, MI 49010

**Phone:** 686-5079

**Website:** [www.michworks.org](http://www.michworks.org)

Toll free: 888-520-0445

You can get assistance in job search; resume writing, career counseling and assessment. Learn about job opportunities and tuition scholarships for training after high

school.

**MANPOWER SERVICES**

1305 Lincoln Road Allegan, MI 49010

**Phone:** 673-5457

**Website:** [www.manpower.com](http://www.manpower.com)

Temporary industrial and office work. Computer training available for word processing, data base, spread sheets, graphics, PCs, and main frame computers.

**HANDICAP SERVICES FOR YOUNG PEOPLE**

**HILLSIDE LEARNING AND BEHAVIOR CENTER**

212 Grove Street Allegan, MI 49010

**Phone:** 673-2167

**Hours:** M-F 830am-3pm

**Website:** [www.alleganaesa.org](http://www.alleganaesa.org)

Special education services for mentally, physically, and emotionally impaired students ranging from age 3 to 26. Our services cover Allegan, Martin, Fennville, Otsego, Glenn, Plainwell, Hopkins, and Wayland schools. Students must be referred by your local district for acceptance. Our services for special education include; Autism spectrum program, assistive technology services, an early on program for children 0-3, hearing impaired program, occupational therapy, physical therapy, speech and language therapy, vision and impairment program, and a work study/ transition services.

We have educational services for adults and parents. As well as information on educational services offered in their area. Services are available for home schooled and homeless children and troubled youth. Tutoring services are also provided at our school.

**CHILDREN'S SPECIAL HEALTH CARE SERVICES/DSCC**

Allegan County Health Department

3255 122nd Ave. Suite 200 Allegan, MI 49010

**Phone:** 673-5440

1-800-359-3722

Locally based program. Provides assistance for families to pay for treatment, supplies, and equipment for medically eligible persons under the age of 21 years, and for persons over 21 having cystic fibrosis or hemophilia. HOURS: 8:00 A.M.-5:00 P.M. Call for an appointment. When calling the 800 number, ask to speak to an Allegan County Representative

**LEARNING DISABILITIES ASSOCIATION OF MICHIGAN**

200 Museum Drive, Suite 101 Lansing, MI 48933

**Phone:** (517) 485-8160

**Website:** [www.ldaofmichigan.org](http://www.ldaofmichigan.org)

**E-mail:** [Ldmich@sbcglobal.net](mailto:Ldmich@sbcglobal.net)

Support groups, newsletters, conferences, and information for families of children with learning disabilities.

**DEPT. OF LABOR AND ECONOMIC GROWTH/ MICHIGAN  
REHABILITATION  
SERVICES**

121 Clover Ave Holland, MI 49423

**Phone:** (616) 395-8495 or 1-800-481-7837

**Hours:** M-F 8am-5pm

Vocational counseling, occupational skill training, and job placement for individuals with disabilities resulting in barriers to employment. Services are free. Call for application.

**SOCIAL SECURITY ADMINISTRATION**

Phone: 1-800-772-1213

**Website:** [www.socialsecurity.gov](http://www.socialsecurity.gov)

Main offices are in Grand Rapids & Kalamazoo. Social Security Disability (SSD) office handles Social Security Retirement, survivors and disability benefits, Medicare, and Supplemental Security Income (SSI) benefits.

**EARLY ON OF ALLEGAN COUNTY**

310 Thomas Street Allegan, MI 49010

**Fax:** 269-673-2361

**Phone:** 269-673-2161

**Email address:** [mhenry@alleganaesa.org](mailto:mhenry@alleganaesa.org)

**Website:** [www.alleganaesa.org](http://www.alleganaesa.org)

Early On offers services to children and their families 0-3 years old. Services include early intervention for Infants/Toddlers with disabilities or delays.

**HEAD START**

323 Water Street Allegan, MI 49010

**Phone:** 269-673-5472

**Fax:** 269-673-3795

**Website:** [www.acrdc.org](http://www.acrdc.org)

Head Start offers comprehensive preschool program available to income-eligible three and four year olds in Allegan County. Center-based program has several locations across Allegan County. Home-based option includes weekly home visits, parent focused teacher, playgroups and socialization opportunities. Family services support provided to all Head Start families. Children with disabilities are encouraged to apply.

**LAW**

**ALLEGAN COUNTY CIRCUIT COURT FAMILY DIVISION**

113 Chestnut, Allegan, MI 49010

**Phone:** 269 673-0534

**Hours:** M-F 8am- 5pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

The court provides legal and referral services for neglected/abused children and adolescents in Allegan County.

### **ALLEGAN COUNTY SHERIFF'S DEPARTMENT**

112 Walnut Street Allegan, MI 49010

**Phone:** 673-0500

**Emergency:** 911

24 hour Central Dispatch: 673-3899

**Hours:** vary

**Website:** [www.allegancounty.org](http://www.allegancounty.org)

Provides emergency services to neglected or abused children and/or adolescents.

### **LEGAL AID OF WESTERN MICHIGAN**

636 Hastings Ave Holland, MI 49423.

**Phone:** (248) 569-9658 or 1-888-783-8190

Legal services provide free legal assistance with non-criminal matters to persons financially unable to retain private counsel. Website: [www.legalaidwestmich.org](http://www.legalaidwestmich.org)

### **MICHIGAN STATE POLICE**

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

Website: [www.michigan.gov/msp](http://www.michigan.gov/msp)

## **MENTAL HEALTH**

### **DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST**

239 Riverfront Plaza Allegan, MI 49010

**Phone:** 673-5897

**Hours:** By appointment

Counseling and psychological services for individuals, families, and groups, for a wide variety of concerns, including, but not limited to: depression, suicide, grief/loss, abuse, eating disorders, adjustment problems, divorce, and relationship problems. HOURS: By appointment. Most insurances accepted.

### **ALLEGAN COUNTY COMMUNITY HEALTH**

3285 122<sup>ND</sup> Ave, Allegan, MI 49010

**Phone:** 269 673-0202

**Emergency Line** 1888- 354-0596 ( 24hr/7days)

**Hours:** M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

### **ALLEGAN GENERAL HOSPITAL**

Psychiatric Unit

551 Linn Street Allegan, MI 49010

**Phone:** 686-4171 or 686-4170

Main Hospital: 673-8424

**Website:** [www.aghosp.org](http://www.aghosp.org)

Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

### **BETHANY CHRISTIAN SERVICES**

12048 James Street Holland, MI 49424

**Phone:** (616) 396-0623

Toll free: 1-800-BETHANY

**Website:** [www.bethany.org/holland](http://www.bethany.org/holland)

**Hours:** M-F 8AM-5PM and counseling M-W 8AM-9PM and Thurs 8AM-5PM

Provides confidential pregnancy counseling and adoption services to pregnant teens. Open adoption plans and placement without foster care available. We also do have a birthparent counselor. Housing for pregnant teens also available. Provides parenting classes for teenage parents. Foster care licensing, support groups, and special needs adoption. Spanish speaking services available. FEE: NO FEE for pregnancy counseling, placement services, housing, or parenting classes. Also a worker will travel to a Client for pregnancy counseling services. CARING NETWORK PROGRAM AND APARTMENTS

### **CATHOLIC FAMILY SERVICES**

1819 Gull rd. Kalamazoo, MI 49048

**Phone:** 381-9800 or Van Buren county 269 621 2910

**Hours:** M,TR,F 830am-5pm, Tuesdays 830am-7pm, and Wednesdays 830am-900pm. All counseling services by appointment only

**Website:** [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)

In partnership with the ARK, Catholic Family Services offers services for homeless runaways and youth in crisis, ark community services, transitional living for youth, pregnancy and parenting services, and mental health counseling for youth and adult.

### **PATHWAYS, MI**

217 Hubbard Street, Allegan, MI 49010

**Phone:** 673-1896 or 1 866 673 1896

**Fax:** 269 686 2011

**Hours:** M-TR 8am-5pm

**Website:** [www.pathwaysmi.org](http://www.pathwaysmi.org)

Provides substance abuse counseling for adolescents and adults, as well as those who are impacted by a family member who has a substance abuse problem. Services include individual, marital, family, and group counseling. Pathways has services and resources for early childhood through the Western Regional Resource Center. Pathways offers a variety of parenting services to strengthen families through education and parenting approaches. Pathways also offers Adoption services. FEE: Varies according to individual need and ability to pay.

### **DELANO CLINIC**

1722 Shaffer Road Kalamazoo, MI 49048

**Phone:** 226-5600

**24-hour crisis line:** 226-8000

Mental health services to children and adolescents who are experiencing severe disruptions in their lives. Individual and family therapy available to provide a wide range of services including treatment of depression and issues centered around suicide. Outpatient, inpatient, and partial hospitalization programs. No county residency requirements.

### **FIELDSTONE CENTER OF BATTLE CREEK HEALTH SYSTEM**

165 N. Washington Street Battle Creek, MI 49016

**Phone:** 1-800-582-1900

**Website:** [www.bchealth.com](http://www.bchealth.com)

**Hours:** vary

Behavioral health crisis assessment and inpatient behavioral health services for adults and geriatric patients. Self-referral accepted if over 18 years of age. FEE: Medicaid

### **FOREST VIEW PSYCHIATRIC HOSPITAL**

1055 Medical Park Drive, SE Grand Rapids, MI 49546

**Phone:** (616) 942-9610 or 1-800-949-8439

**Website:** [www.uhsinc.com](http://www.uhsinc.com)

Forest View is a private facility that provides general psychiatric care for adults and adolescents. We also specialize in eating disorders, traumatic abuse, and addictions associated with mental illness. Treatment is offered in outpatient, inpatient and partial (day time only) hospital programs

### **COMMUNITY HEALING CENTER**

2615 Stadium Drive Kalamazoo, MI 49008

**Phone:** 343-1651

**Hours:** M-T 8am-8pm Friday 8am-5pm

**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

### **HOLLAND BEHAVIORAL HEALTH SERVICES**

854 S. Washington Suite 330 Holland, MI 49423

**Phone:** child/adolescent: (616)355-3948

Inpatient treatment at Holland Hospital for those 18 years and older only, and two outpatient clinics.

### **NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

**Phone:** 673-6862

**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)**

122 E. Chart Street Plainwell, MI 49080

**Phone:** 685-6363

**Hours:** (Varies) M-F 9am-9pm or by appointment

**Website:** None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but n o limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

**PINE REST CHRISTIAN MENTAL HEALTH SERVICES**

300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165

**Phone:** (616) 455-9200 or 1-800-678-5500

**Hours:** vary

**Website:** [www.pinerest.org](http://www.pinerest.org)

The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological, family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address appointment. Emergency phone coverage. Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC**

1530 Nichols Road Kalamazoo, MI 49006

**Phone:** 343-6700

**Hours:** vary

**Website:** [www.pinerest.org](http://www.pinerest.org)

Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services,

adolescent residential services, and inpatient and outpatient services programmed specifically for the client's individual needs. All ages accepted

**PLAINWELL COUSELING CENTER**

311 Park St. Plainwll, MI 49080

**Phone:** 269 685-9401

**Hours:** Vary by appointment

**Website:** [www.plainwellcounselingcenter.com](http://www.plainwellcounselingcenter.com)

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients

**PHYSICAL HEALTH**

**ALLEGAN COUNTY HEALTH DEPARTMENT**

3255 122nd Ave. Suite 200 Allegan, MI 49010

**Phone:** 673-5411

**Website:** [www.michigan.gov](http://www.michigan.gov)

**Hours:** M-F 8am-5pm or by appointment

Provides a variety of health care services, including:

Immunizations: **Phone:** 673-5411

TB (Tuberculosis) testing: **Phone:** 673-5413

Pregnancy & prenatal/postpartum care: **Phone:** 673-5486

STD/AIDS/other communicable diseases: **Phone:** 673-5413

**HOLLAND COMMUNITY HOSPITAL**

602 Michigan Avenue Holland, MI 49423

**Phone:** (616) 392-5141

**Website:** [www.hollandhospital.org](http://www.hollandhospital.org)

Emergency care, hospitalization, support groups, translation services, Hispanic resources. In patient and out patient services provided by skilled specialist.

**HOSPICE OF HOLLAND, INC.**

270 Hoover Blvd. Holland, MI 49423

**Phone:** (616) 396-2972

**Website:** [www.hollandhospice.org](http://www.hollandhospice.org)

Hospice of Holland provides end-of-life care to the terminally ill and their families through a team of nurses, social workers, home health aides, chaplains, and volunteers. Following the patient's death, Hospice Bereavement Counselors are available to provide grief counseling and support to family members and friends. Hospice Bereavement Services are also available on a limited basis to anyone in the community who has experienced the death of a friend or loved one. Counselors are also available to facilitate support groups, workshops, and seminars related to grief and loss in schools,



churches, and other community organizations.

### **PULLMAN HEALTH CENTER**

InterCare Community Health Network  
5498 109th Avenue Pullman, MI 49450

**Phone:** 236-5021

**Website:** [www.intercare.org/pullman.html](http://www.intercare.org/pullman.html)

**Hours:** Mon.-Fri., 8:00am.-5:00 pm, with late evening hours available on Mon, Tues, and Thurs.

Provides comprehensive community-oriented primary health care, dental services, a dental van traveling around to schools and agencies, WIC, which is only provided in Otsego, Grand Haven, Sparta, Paw Paw, Dowagiac, and Allendale, well-child checks, flu shots, immunizations, hearing/vision testing, family planning, well-women exams, and behavioral health and outreach programs.

## **PREGNACY SERVICES**

### **ALLEGAN COUNTY HEALTH DEPARTMENT**

3255 122nd Ave. Suite 200 Allegan, MI 49010

**Phone:** 673-5486

**Hours:** M-F 8AM 5PM

The Health Department has specific programs designed to serve pregnant adolescents or those who have just given birth. Programs are designed to help individuals requiring

### **ALLEGAN GENERAL HOSPITAL**

551 Linn Street Allegan, MI 49010

**Phone:** 686-4171 or 686-4170

**Main Hospital:** 673-8424

**Website:** [www.aghosp.org](http://www.aghosp.org)

Prenatal classes are recommended to mothers in their last trimester of pregnancy. The classes are taught by licensed obstetric nurses and physicians. The participants will be prepared for the experience of childbirth. Pre-registration is required to accommodate each class size

### **BETHANY CHRISTIAN SERVICES**

12048 James Street Holland, MI 49424

**Phone:** (616) 396-0623

Toll free: 1-800-BETHANY

**Website:** [www.bethany.org/holland](http://www.bethany.org/holland)

**Hours:** M-F 8AM-5PM and counseling M-W 8AM-9PM and Thurs 8AM-5PM

Provides confidential pregnancy counseling and adoption services to pregnant teens. Open adoption plans and placement without foster care available. We also do have a birthparent counselor. Housing for pregnant teens also available. Provides parenting classes for teenage parents. Foster care licensing, support groups, and special needs adoption. Spanish speaking services available. FEE: NO FEE for pregnancy counseling, placement services, housing, or parenting classes. Also a worker will travel to a Client for

pregnancy counseling services. CARING NETWORK PROGRAM AND APARTMENTS

**BABY HOTLINE FOR PREGNANT WOMEN**

Maternal support helpline

**Phone:** 1-800-262-4784

**CARING NETWORK PROGRAM AND APARTMENTS**

1441 South Westnedge Crisis Kalamazoo, MI 49008

**Pregnancy Line:** 381-1234

**Website:** [www.catholicfamilyservice.org](http://www.catholicfamilyservice.org)

The Caring Network program provides case management services to pregnant women. This program assists women with identifying alternatives to abortion through options counseling and with adoption. The Caring Network serves as a resource for mothers in obtaining consistent prenatal care, material needs, and support group and childbirth preparation classes. The program also assists families with monitoring well-baby checkups and immunizations. The Caring Network Apartments provides transitional housing for single pregnant women with no other children. Teen parent program also available. Mother-Friend volunteers program for pregnant women and new moms, Postpartum and depression services, The warm line service offers a 24 hour 7 days a week emotional support line, and a Read me a story literacy program for parents and children.

**PATHWAYS, MI**

217 Hubbard Street Phone: 673-1897

Allegan, MI 49010

Provides supportive counseling services and parent training. Parenting classes are in Allegan but appointments are to be made in the Holland office. 1-800-396-0241 to pregnant and parenting teens in the Allegan County area. Referrals may be made directly by phone. Self-referrals are accepted. FEE: None.

**Website:** [www.pathwaysmi.org](http://www.pathwaysmi.org)

**LAKESHORE REGIONAL 4C**

310 Thomas Street Allegan, MI 49010

**Phone:** 269-673-2161 x3427

**Hours:** 8:00 A.M.-4:30 P.M., Monday-Friday

**Holland office:** 800-396-0241

**Website:** [www.lakeshore4c.org](http://www.lakeshore4c.org)

The Network assists persons requiring child care services. Referrals to registered/ licensed child care providers are available, as well as consultation on child care and child development issues. Information on child day care assistance payment is also provided. Call office or come in.

**EARLY EDUCATION SERVICES-ALLEGAN COUNTY AESA**

310 Thomas Street Allegan, MI 49010

**Phone:** 673-6954

**Website:** [www.alleganaesa.org/earlyed](http://www.alleganaesa.org/earlyed)

Parenting education in your home, high school completion, and preschool classes for four year old children. All programs are focused on helping you prepare your child for school success. Services are provided in each school district and begin at birth. All services are free and open to all families. Call our office for more information.

**FAMILY PLANNING & WOMEN'S HEALTH OF ALLEGAN COUNTY, INC.**

3255 122nd Ave. Suite 200 Allegan, MI 49010

**Phone:** 686-4560

**Website:** [www.michigan.gov](http://www.michigan.gov)

**Hours:** Morning, afternoon, and evening hours vary, an appointment is necessary.

Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

**COMMUNITY HEALING CENTER**

2615 Stadium Drive Kalamazoo, MI 49008

**Phone:** 343-1651

**Hours:** M-T 8am-8pm Friday 8am-5pm

**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

**PARENT HELPLINE AVAILABLE 24 HOURS**

**Phone:** 1-800-942-4357

For parents or caregivers who feel frazzled and overwhelmed with the responsibilities of parenting, and would like some support. Website: [www.gryphon.org](http://www.gryphon.org)

**LAKESHORE PREGNANCY CENTER OF ALLEGAN COUNTY**

114 Chestnut Street, Allegan MI 49010

**Phone:** 269 686-7111

**Hours:** Mondays 10:00 A.M. – 7:00 P.M., Tuesdays, Wednesdays, & Thursdays from 10:00 to 4:30 pm

e-mail address: [lpcofallegan@i2k.com](mailto:lpcofallegan@i2k.com)

**Website:** [www.lakeshorepregnancycenters.com](http://www.lakeshorepregnancycenters.com)

All of our services are free and confidential. Pregnancy confirmation is available without an appointment. We will help you explore all your options and answer all your questions. Confidential Other services include prenatal & parenting classes, material services help such as maternity clothes, diapers and baby items, and much more.

**PLANNED PARENTHOOD OF SOUTH CENTRAL MI**

4201 W. Michigan Avenue Kalamazoo, MI 49006

**Phone:** 372-1200 or 1-800-559-9093

**Hours:** Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday

Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm

**Websites:** [www.ppscm.org](http://www.ppscm.org), [www.plannedparenthood.org](http://www.plannedparenthood.org), and [www.teenwire.com](http://www.teenwire.com)

PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Getting your birth control without a pelvic exam. Free All-Option Pregnancy Counseling. LGBT services are also available.

### **BORGESS-PIPP HOSPITAL**

411 Naomi Street Plainwell, MI 49080

**Phone:** 685-6811

**Hours:** (non emergency M-F 8AM-5PM)

**Website:** [www.borgess.com](http://www.borgess.com)

Full medical services for pregnant women, including nurse midwifery services. Prenatal education classes offered. Topics include physical and emotional changes during the last trimester of pregnancy, relaxation and breathing techniques during labor, and helping techniques for the “support” person. No wait ER.

### **YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES**

100 S. pine St. Suite 390 Zeeland, MI 49464

**Phone:** (616) 392-1479

**Website:** [www.ghyfc.org](http://www.ghyfc.org)

**Email:** [info@ghyfc.org](mailto:info@ghyfc.org)

Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it's like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

## **PREMARITAL COUNSELING**

### **PLANNED PARENTHOOD OF SOUTH CENTRAL MI**

4201 W. Michigan Avenue Kalamazoo, MI 49006

**Phone:** 372-1200 or 1-800-559-9093

**Hours:** Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm

**Websites:** [www.ppscm.org](http://www.ppscm.org), [www.plannedparenthood.org](http://www.plannedparenthood.org), [www.teenwire.com](http://www.teenwire.com)

PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Free All-Option Pregnancy Counseling. LGBT services are also available.

## **RUNNING AWAY**

### **ALLEGAN COUNTY YOUTH SERVICES BUREAU**

Allegan County Intermediate School District

**Phone:** 673-0521

Allegan County Youth Services Bureau

310 Thomas Street

Allegan, MI 49010

Provides support and assistance to young people in trouble.

### **THE ARK**

990 West Kilgore 24-hours Kalamazoo, MI 49008

**Phone:** 343-8765 or 1-800-873-8336

**Hours:** open 24 hours

**Website:** [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)

A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

### **THE BRIDGE OF ARBOR CIRCLE**

1115 Ball Avenue. NE 24-hour Grand Rapids, MI 49505

**Phone:** (616)-451-3001 or 1-877-275-7792

**Website:** [www.arborcircle.org](http://www.arborcircle.org)

The Bridge provides 24 hour crisis counseling for teens and families, emergency shelter for teens (ages 10 through 17), education, and other referrals as needed. NO FEE.

### **FIRST CALL FOR HELP**

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

**Phone:** 269 686-2100 or 1 866 711 7777

**Fax:** 269 686 2105

**Hours:** M-F 9am-4pm

**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

#### **The Allegan County Crisis Response:**

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility

assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

### **NATIONAL RUNAWAY HOTLINE**

**Phone:** 1-800-RUNAWAY

**Website:** [www.1800runaway.org](http://www.1800runaway.org)

### **RUNAWAYS RAP LINE**

**Phone:** 1-800-292-4517

This toll-free hotline provides information and assistance to runaways and their families 24 hours a day

## **RAPE AND SEXUAL ASSULT**

### **ALLEGAN COUNTY COMMUNITY HEALTH**

3285 122<sup>ND</sup> Ave, Allegan, MI 49010

**Phone:** 269 673-0202

**Emergency Line:** 1888- 354-0596 (24hr/7days)

**Hours:** M-T 8am-7pm, W-TR 8am- 5pm F 8am-1pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

### **ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES**

3255 122nd Ave, Suite 300 Allegan, MI 49010

**Phone:** 673-7700

**Hours:** M-F 8-5 (hours vary by worker)

**24-hour crisis:** 673-2346

**Website:** [www.michigan.gov](http://www.michigan.gov)

Receives complaints of neglect or abuse of children and adolescents in Allegan County, And investigates those complaints. The referring person remains anonymous unless Subpoenaed by the court. 24-hour Child Protective Service crisis line.

### **ALLEGAN COUNTY SHERIFF'S DEPARTMENT**

112 Walnut Street Allegan, MI 49010

**Phone:** 673-0500

**Emergency:** 911

24 hour Central Dispatch: 673-3899

**Hours:** vary

**Website:** [www.allegancouty.org](http://www.allegancouty.org)

Provides emergency services to neglected or abused children and/or adolescents.

### **ALLEGAN GENERAL HOSPITAL**

Psychiatric Unit

551 Linn Street Allegan, MI 49010

**Phone:** 686-4171 or 686-4170

Main Hospital: 673-8424

**Hours:** vary by appointment

**Website:** [www.aghosp.org](http://www.aghosp.org)

Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

### **NATIONAL SEXUAL ASSAULT HOTLINE**

1-800-656-HOPE

Website: [www.rainn.org](http://www.rainn.org)

Gives Advice and educates those directly or indirectly affected by abuse and neglect.

### **CENTER FOR WOMEN IN TRANSITION**

151 Brady Street Allegan, MI 49010

**Phone:** (Allegan): (269) 673-2299

**24 hour crisis line:** (616) 392-1970 or 1-800-848-5991

411 Butternut Dr

Holland, MI 49424

**Phone:** (Holland): (616) 392-2829

**Hours:** Allegan- M-T-TR-F 9AM-5PM W by appointment,

**Holland-** M-F 9AM-5PM,

**Grand Haven-** M-F 9AM-5PM

**Website:** [www.aplaceforwomen.org](http://www.aplaceforwomen.org)

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

### **VULNERABLE ADULT HOTLINE**

**Phone:** 1-800-996-6228

Provides support and guidance to youth and adults.

### **COMMUNITY HEALING CENTER**

2615 Stadium Drive Kalamazoo, MI 49008

**Phone:** 343-1651

**Hours:** M-T 8am-8pm Friday 8am-5pm

**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

### **MICHIGAN STATE POLICE**

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

**Website:** [www.michigan.gov/msp](http://www.michigan.gov/msp)

**NEWMAN, STEPHEN, Ed.D.**

Allegan Psychological Services  
320 Spruce Street Allegan, MI 49010-1526

**Phone:** 673-6862

**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)**

122 E. Chart Street Plainwell, MI 49080

**Phone:** 685-6363

**Hours:** (Varies) M-F 9am-9pm or by appointment

**Website:** None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

**SEXUAL ASSAULT PROGRAM (YWCA)**

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

**Phone:** 345-2869

**24-hour crisis:** 345-3587

**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

**SEXUALITY**

**FAMILY PLANNING & WOMEN'S HEALTH OF ALLEGAN COUNTY, INC.**

3255 122nd Ave. Suite 200 Allegan, MI 49010

**Phone:** 686-4560

**Website:** [www.michigan.gov](http://www.michigan.gov)



**Hours:** Morning, afternoon, and evening hours vary, an appointment is necessary. Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

**KALAMAZOO GAY/LESBIAN RESOURCE CENTER**

629 Pioneer Street Kalamazoo, MI 49008

**Youth group/office phone:** 349-4234

**Resource line:** 1-888-377-7271

email: [kglrc1@hotmail.com](mailto:kglrc1@hotmail.com);

Website: [www.kglrc.org](http://www.kglrc.org)

A help line to answer questions and provide resource information about homosexuality. The resource line is staffed from 9:00 A.M. to 5:00 P.M. Monday through Friday. Weekly youth support group and lending library available.

**LESBIAN/BISEXUAL/GAY STUDENT SERVICES**

A327 Ellsworth Hall Kalamazoo, MI 49008

**Phone:** 387-2123

**Hours:** vary

**Website:** [www.wmich.edu](http://www.wmich.edu)

Western Michigan University Western Michigan University offers services and resources to students on campus and in the community

**PLANNED PARENTHOOD OF SOUTH CENTRAL MI**

4201 W. Michigan Avenue Kalamazoo, MI 49006

**Phone:** 372-1200 or 1-800-559-9093

**Hours:** Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm

**Websites:** [www.ppscm.org](http://www.ppscm.org), [www.plannedparenthood.org](http://www.plannedparenthood.org), and [www.teenwire.com](http://www.teenwire.com)

PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Free All-Option Pregnancy Counseling. LGBT services are also available.

**SEXUALLY TRANSMITTED DISEASES**  
**INCLUDING HIV/AIDS**

**ALLEGAN COUNTY COMMUNITY HEALTH**

3285 122<sup>ND</sup> Ave, Allegan, MI 49010

**Phone:** 269 673-0202

**Emergency Line** 1888- 354-0596 ( 24hr/7days)

**Hours:** M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

**COMMUNITY AIDS RESOURCE AND EDUCATION SERVICES**

Southwest Michigan (C.A.R.E.S.)  
629 Pioneer Street Kalamazoo, MI 49008-1801  
**Phone:** 1-800-944-2437

Website: [www.caresswm.org](http://www.caresswm.org)  
Provides education, care, support, emergency financial assistance, transportation, and coordination of services for individuals living with HIV

**FAMILY PLANNING & WOMEN'S HEALTH OF ALLEGAN COUNTY, INC.**  
3255 122nd Ave. Suite 200 Allegan, MI 49010

**Phone:** 686-4560  
**Website:** [www.michigan.gov](http://www.michigan.gov)  
**Hours:** Morning, afternoon, and evening hours vary, an appointment is necessary. Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

#### **MICHIGAN AIDS HOTLINE**

AIDS Hotline: **Phone:** 1-800-872-2437  
**Hours:** Monday-Friday, 9:00 A.M. – 5:00 P.M. Hispanic Hotline is the same number.  
**Website:** [www.aidspartnership.org](http://www.aidspartnership.org)  
Ask to speak to someone in Spanish. After 5 o'clock Michigan AIDS Hotline connects to National STD Hotline.

#### **NATIONAL STD HOTLINE**

**Phone:** 919-361-8488  
Provides information about STDs.

#### **AMERICAN SOCIAL HEALTH ASSOCIATION**

**24-hour phone:** 1-800-227-8922  
Website: [www.ashastd.org](http://www.ashastd.org)  
Get online information about puberty, sexuality, and how to prevent sexually transmitted diseases.

### **SUCIDE**

#### **ALLEGAN COUNTY COMMUNITY HEALTH**

3285 122<sup>ND</sup> Ave, Allegan, MI 49010  
**Phone:** 269 673-0202  
**Emergency Line:** 1888- 354-0596 ( 24hr/7days)  
**Hours:** M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm  
Website: [www.michigan.gov](http://www.michigan.gov)

#### **ALLEGAN COUNTY SHERIFF'S DEPARTMENT**

112 Walnut Street Allegan, MI 49010  
**Phone:** 673-0500  
**Emergency:** 911

24 hour Central Dispatch: 673-3899

**Hours:** vary

**Website:** [www.allegancounty.org](http://www.allegancounty.org)

Provides emergency services to neglected or abused children and/or adolescents.

### **DELANO CLINIC**

1722 Shaffer Road Kalamazoo, MI 49048

**Phone:** 226-5600

**24-hour crisis line:** 226-8000

Mental health services to children and adolescents who are experiencing severe disruptions in their lives. Individual and family therapy available to provide a wide range of services including treatment of depression and issues centered around suicide. Outpatient, inpatient, and partial hospitalization programs. No county residency requirements.

### **FIELDSTONE CENTER OF BATTLE CREEK HEALTH SYSTEM**

165 N. Washington Street Battle Creek, MI 49016

**Phone:** 1-800-582-1900

**Website:** [www.bchealth.com](http://www.bchealth.com)

**Hours:** vary

Behavioral health crisis assessment and inpatient behavioral health services for adults and geriatric patients. Self-referral accepted if over 18 years of age. FEE: Medicaid

### **FIRST CALL FOR HELP**

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

**Phone:** 269 686-2100 or 1 866 711 7777

**Fax:** 269 686 2105

**Hours:** M-F 9am-4pm

**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

#### **The Allegan County Crisis Response:**

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

### **COMMUNITY HEALING CENTER**

2615 Stadium Drive Kalamazoo, MI 49008

**Phone:** 343-1651

**Hours:** M-T 8am-8pm Friday 8am-5pm

**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

### **MICHIGAN STATE POLICE**

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

**Website:** [www.michigan.gov/msp](http://www.michigan.gov/msp)

### **PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC**

1530 Nichols Road Kalamazoo, MI 49006

**Phone:** 343-6700

**Hours:** vary

**Website:** [www.pinerest.org](http://www.pinerest.org)

Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services, adolescent residential services, and inpatient and outpatient services programmed specifically for the client's individual needs. All ages accepted

## **SUPPORT GROUPS**

### **CENTER FOR WOMEN IN TRANSITION**

151 Brady Street Allegan, MI 49010

**Phone:** (Allegan): (269) 673-2299

**24 hour crisis line:** (616) 392-1970 or 1-800-848-5991

411 Butternut Dr

Holland, MI 49424

**Phone:** (Holland): (616) 392-2829

**Hours:** Allegan- M-T-TR-F 9AM-5PM W by appointment,

**Holland-** M-F 9AM-5PM,

**Grand Haven-** M-F 9AM-5PM

**Website:** [www.aplaceforwomen.org](http://www.aplaceforwomen.org)

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years

of age and older and to the children of victims.

**KALAMAZOO GAY/LESBIAN RESOURCE CENTER**

629 Pioneer Street Kalamazoo, MI 49008

**Youth group/office phone:** 349-4234

**Resource line:** 1-888-377-7271

email: [kglrc1@hotmail.com](mailto:kglrc1@hotmail.com);

Website: [www.kglrc.org](http://www.kglrc.org)

A help line to answer questions and provide resource information about homosexuality. The resource line is staffed from 9:00 A.M. to 5:00 P.M. Monday through Friday. Weekly youth support group and lending library available.

**LESBIAN/BISEXUAL/GAY STUDENT SERVICES**

A327 Ellsworth Hall Kalamazoo, MI 49008

**Phone:** 387-2123

**Hours:** vary

**Website:** [www.wmich.edu](http://www.wmich.edu)

Western Michigan University offers services and resources to students on campus and in the community

**WOMENS HEALTH AMERICA**

**PMS Access Line:** 1-800-222-4767

**Website:** [www.womenshealth.com](http://www.womenshealth.com)

**SEXUAL ASSAULT PROGRAM (YWCA)**

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

**Business:** 345-2869

**24-hour crisis:** 345-3587

**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

**WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC.**

530 Linn Street, Suite A Allegan, MI 49010

**Phone:** 686-8659 or 1-800-796-2676

**Hours:** 24/7

**Website:** [www.alleganhospice.com](http://www.alleganhospice.com)

**Email:** [wings@acc.org](mailto:wings@acc.org)

Wings of Hope Hospice offer support and education for persons of all ages experiencing loss through death. Our professional bereavement staff serves as a resource to agencies, schools, etc., throughout Allegan County. Hospice grief support services are available to everyone at no charge. Call for more information about ongoing support groups, grief recovery classes, supportive services, and presentations.

## **YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES**

100 S. pine St. Suite 390 Zeeland, MI 49464

**Phone:** (616) 392-1479

**Website:** [www.ghyfc.org](http://www.ghyfc.org)

**Email:** [info@ghyfc.org](mailto:info@ghyfc.org)

Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it's like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

## **YOUTH SERVING AGENCIES**

### **ALLEGAN COUNTY YOUTH SERVICES BUREAU**

Allegan County Intermediate 310 Thomas Street Allegan, MI 49010

**School District Phone:** 673-0521

Allegan County Youth Services Bureau **Emergency:** 911

Counseling, referral services, legal advice, and a wide range of educational programs for adolescents and the community are available. The Youth Services Bureau also is a resource for educational films and pamphlets on a variety of topics of interest to young people.

### **RECOVERY SOURCES MINISTRY**

100 S. Pine St. Suite 110 Zeeland, MI 49464

**Phone:**(616)748-6024

Hours: T-TR 9AM5PM or by appointment

**Website:** [www.recoverysourceministry.org](http://www.recoverysourceministry.org)

Recovery source ministry is a support group designed to help youth struggling with addiction toward recovery and healing licensed counselor on staff as well.

## **YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES**

100 S. pine St. Suite 390 Zeeland, MI 49464

**Phone:** (616) 392-1479

**Website:** [www.ghyfc.org](http://www.ghyfc.org)

**Email:** [info@ghyfc.org](mailto:info@ghyfc.org)

Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it's like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

### **MICHIGAN STATE UNIVERSITY EXTENSION OFFICE**

MSU Extension ~ Allegan County 3255 122nd AVE, Suite 101 Allegan, MI 49010

Human Services Building

**Phone:** 673-0370

**Hours:** M-F 8am-5pm

**Website:** [www.michigan.gov](http://www.michigan.gov)

Extension is the educational outreach program of Michigan State University. Program areas include: Agriculture & Natural Resources; Children, Youth and Families; Community

Development & Rural Revitalization. 4-H Clubs and programs are a part of the services that include:

- ◆ Camp Kidwell Camping
- ◆ Career Education
- ◆ Creating Caring Communities
- ◆ Dealing with Peer Pressure
- ◆ Decision Making Skills
- ◆ Drug Awareness
- ◆ Drug Free
- ◆ Family Nutrition Program
- ◆ Food Safety
- ◆ Helping Distressed Families
- ◆ Nutrition Education
- ◆ Parenting Skills
- ◆ School Programs
- ◆ Stress Reduction

Website: [www.msue.msu.edu/Allegan](http://www.msue.msu.edu/Allegan)

### **BARNABAS MINISTRIES**

139 Riverfront Plaza, Allegan, MI 49010

**Phone:** 269-686-7103

**Email address:** [kim@barnabasmin.org](mailto:kim@barnabasmin.org)

**Web address:** [www.barnabasmin.org](http://www.barnabasmin.org)

Barnabas Ministries offer Faith-based organization serving at-risk youth ages 11 to 18 and their families. Services available are: Youth Mentoring, Family Mediation, Hang Time and Testify SK8.

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## **FACTS ABOUT THE YOUTH RESOURCE DIRECTORY**

The *Youth Resource Directory* was developed by members of the R.A.P. (Responding to Adolescent Problems) Task Force. This task force is comprised of representatives of various agencies and school counselors serving the Allegan County community. It was formed as a result of a growing concern that there are many adolescents in the community who often find themselves isolated with no idea of whom or where to turn for help. It is hoped that this directory will be of benefit to those students as well as to parents.

RAP Task Force  
UPDATE 4/1/2010