The teen years can be exciting, fun, confusing, and difficult all at the same time. It is time to discover who you are, what you believe, and the kind of person you want to be. It’s also a time when there are a lot of hard choices to make about friendships, sex, alcohol, drugs, and school success or failure. It’s important to know that decisions you make now can have long-lasting consequences.

The Youth Resource Directory contains the names and phone numbers of people and organizations which can lend a supportive hand to you in Allegan County. No matter what type of problem or concern you may have, there are resources available that can help make your life more interesting and enjoyable. Included in the directory are services and agencies in Allegan County as well as in the surrounding areas, such as Holland, Grand Rapids, and Kalamazoo, to which you may have access.

If you have a question, or are struggling with an issue, reach out! Reaching out to others when you need help is a sign of maturity, not weakness. It would be natural to turn to your family first, or even a caring teacher, school counselor, minister, or a knowledgeable friend. But you can also use the resources included in this directory. There are many people in Allegan County who really enjoy working with teenagers and have special skill in relating to and helping them. Use the Directory to call for information or assistance, and don’t be afraid to ask questions or to say what you need. There are plenty of people ready and willing to help.
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ALCOHOL SUPPORT GROUPS

A.A. MEETINGS
FIRST CALL TO HELP
HOLLAND ALANO CLUB
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DEATH, GRIEF, LOSS

HOSPICE OF HOLLAND, INC
WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC

DIVORCE

DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST
CENTER FOR WOMEN IN TRANSITION
FIRST CALL FOR HELP
NEWMAN, STEPHEN, Ed.D
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FAMILY PLANNING & WOMEN’S HEALTH OF ALLEGAN COUNTY

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PARENT HELPLINE

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YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES

PREMARITAL COUNSELING

PLANNED PARENTHOOD OF SOUTH CENTRAL MI

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THE ARK

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FIRST CALL FOR HELP

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RAP (RUNAWAYS ASSISTANCE PROGRAM) HOTLINE

RAPE & SEXUAL ASSAULT

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ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES

ALLEGAN COUNTY SHERIFF’S DEPARTMENT

ALLEGAN GENERAL HOSPITAL

NATIONAL SEXUAL ASSAULT HOTLINE

CENTER FOR WOMEN IN TRANSITION

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ABUSE & NEGLECT

ALLEGAN COUNTY COMMUNITY HEALTH
3285 122ND Ave, Allegan, MI 49010
Phone: 269 673-0202
Emergency Line: 1888- 354-0596 (24hr/7days)
Hours: M-T 8am-7pm, W-TR 8am- 5pm F 8am-1pm
Website: www.michigan.gov
Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

ALLEGAN COUNTY CIRCUIT COURT FAMILY DIVISION
113 Chestnut, Allegan, MI 49010
Phone: 269 673-0534
Hours: M-F 8am- 5pm
Website: www.michigan.gov
The court provides legal and referral services for neglected/abused children and Adolescents in Allegan County.

ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES
3255 122nd Ave, Suite 300 Allegan, MI 49010
Phone: 673-7700
Hours: M-F 8-5 (hours vary by worker)
24-hour crisis: 673-2346
Website: www.michigan.gov
Receives complaints of neglect or abuse of children and adolescents in Allegan County, And investigates those complaints. The referring person remains anonymous unless Subpoenaed by the court. 24-hour Child Protective Service crisis line.

SAFE HARBOR CHILDREN’S ADVOCACY CENTER
402 Trowbridge Allegan, MI 49010
Phone: 673-3791
Fax: 686-9481
Hours: 8:30-5:00 Monday-Friday
Website: www.safeharborallegan.org
Email mainmailbox@safeharborallegan.org
Safe Harbor strives to eliminate child abuse and neglect because it is unacceptable.
The Center has four program areas including the Beverly Schroeder Children’s Advocacy Center, Counseling for Abused Kids, the Child Safety Prevention Education Program, and the Court Appointed Special Advocate program. All of our services are for youth ages 0 to 17 and are free of charge. Information/education/counseling/intervention and advocacy.

ALLEGAN COUNTY SHERIFF’S DEPARTMENT
112 Walnut Street Allegan, MI 49010
Phone: 673-0500
Emergency: 911
24 hour Central Dispatch: 673-3899
Hours: vary
Website: www.allegancounty.org
Provides emergency services to neglected or abused children and/or adolescents.

ALLEGAN GENERAL HOSPITAL
Psychiatric Unit
551 Linn Street Allegan, MI 49010
Phone: 686-4171 or 686-4170
Main Hospital: 673-8424
Hours: vary by appointment
Website: www.aghosp.org
Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

CENTER FOR WOMEN IN TRANSITION
151 Brady Street Allegan, MI 49010
Phone: (Allegan): (269) 673-2299
24 hour crisis line: (616) 392-1970 or 1-800-848-5991
411 Butternut Dr
Holland, MI 49424
Phone: (Holland): (616) 392-2829
Hours: Allegan- M-T-TR-F 9AM-5PM W by appointment,
Holland- M-F 9AM-5PM,
Grand Haven- M-F 9AM-5PM
Website: www.aplaceforwomen.org
The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

DOMESTIC ASSAULT PROGRAM (YWCA)
353 E. Michigan Avenue Kalamazoo, MI 49007-3844
Phone: 385-2869
The Domestic Assault Program offers a support group for domestic assault. We also offer counseling to children over 5 from households where domestic violence is present. We offer a children’s center, a mentoring program, and a sexual assault program. Along with our programs, we offer emergency shelter and transitional housing for victims. Our services are offered to both male and female victims.

**SEXUAL ASSAULT PROGRAM (YWCA)**
353 E. Michigan Avenue Kalamazoo, MI 49007-3844  
**Phone:** 345-2869  
**24-hour crisis:** 345-3587  
**Website:** [www.ywcakalamazoo.org](http://www.ywcakalamazoo.org)  
24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

**DOMESTIC VIOLENCE NATIONAL HOTLINE**
24 hrs. 7 days a week  
**Phone:** 1-800-799-7233  
**Website:** [www.ndvh.org](http://www.ndvh.org)  
The Domestic Violence National Hotline offers Crisis intervention, safety planning, information about domestic violence and referrals to local service providers. Direct connection to domestic violence resources available in the caller’s area provided by a Hotline advocate.

**COMMUNITY HEALING CENTER**
2615 Stadium Drive Kalamazoo, MI 49008  
**Phone:** 343-1651  
**Hours:** M-T 8am-8pm Friday 8am-5pm  
**Website:** [www.communityhealingcenter.org](http://www.communityhealingcenter.org)  
Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

**NEWMAN, STEPHEN, Ed.D.**
Allegan Psychological Services  
320 Spruce Street Allegan, MI 49010-1526  
**Phone:** 673-6862  
**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage. Provides psychological services to children, adolescents, and adults; specializing in the
following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**PARENT HELPLINE**
24 HRS Phone: 1-800-942-4357
Website: [www.gryphon.org](http://www.gryphon.org)
For parents or caregivers who feel frazzled and overwhelmed with the responsibilities of parenting, and would like some support. Also available entry for child protective services.

**SYLVIA’S PLACE DOMESTIC ASSAULT SHELTER**
P. O. Box 13 Allegan, MI 49010
Phone: 673-8700
Hours: vary
Website: [www.sylviasplace.com](http://www.sylviasplace.com)
Safe shelter for abused women and their children found homeless due to domestic violence. Provides food, clothing, and shelter. Facilitates access to community resources. NO FEE.

**NATIONAL SEXUAL ASSAULT HOTLINE**
1-800-656-HOPE
Website: [www.rainn.org](http://www.rainn.org)
Gives Advice and educates those directly or indirectly affected by abuse and neglect.

**PLAINWELL COUSELING CENTER**
311 Park St. Plainwell, MI 49080
Phone: 269 685-9401
Hours: Vary by appointment
Website: [www.plainwellcouselingcenter.com](http://www.plainwellcouselingcenter.com)
Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients

**SUNDANCE CENTER**
6181 122ND Ave, Fennville, MI
Phone: 269-226-2400
Fax Number: 269-226-2403
Website: [www.sundancecenter.net](http://www.sundancecenter.net)
Email: ulla@sundancecenter.net
The Sundance Center is a safe place to focus on personal or professional growth through holistic individual counseling or equine assisted learning and psychotherapy. Equine assisted professional workshops include team discovery, employee orientations, pre-employment interviews, and professional skills building workshops.

**HOSPITALITY HOUSE**
P.O. Box 2411 Holland, MI 49423  
Fax: 616-392-1252  
Phone: 616-396-1417  
Web address: N/A  
Provides shelter for women and children.

**ALCOHOL & OTHER DRUGS**

**THE ARK**  
990 West Kilgore 24-hour Kalamazoo, MI 49008  
**Phone**: 343-8765 or 1-800-873-8336  
**Hours**: open 24 hours every day of the week  
**Website**: [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)  
A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement.

**CATHOLIC FAMILY SERVICES**  
1819 Gull rd. Kalamazoo, MI 49048  
**Phone**: 381-9800 or Van buren county 269 621 2910  
**Hours**: M,TR,F 830am-5pm, Tuesdays 830am-7pm, and Wednesdays 830am-900pm. All counseling services by appointment only  
**Website**: [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)  
In partnership with the ARK, Catholic Family Services offers services for homeless runaways and youth in crisis, ark community services, transitional living for youth, pregnancy and parenting services, and mental health counseling for youth and adult.

**PATHWAYS, MI**  
217 Hubbard Street, Allegan, MI 49010  
**Phone**: 673-1896 or 1 866 673 1896  
Fax: 269 686 2011  
**Hours**: M-TR 8am-5pm  
**Website**: [www.pathwaysmi.org](http://www.pathwaysmi.org)  
Provides substance abuse counseling for adolescents and adults, as well as those who are impacted by a family member who has a substance abuse problem. Services include individual, marital, family, and group counseling. Pathways has services and resources for early childhood through the Western Regional Resource Center. Pathways offers a variety of parenting services to strengthen families through education and parenting approaches. Pathways also offers Adoption services. FEE: Varies according to
individual need and ability to pay.

**FIRST CALL FOR HELP**
Housing Resource center
1291 Lincoln Rd Allegan, MI 49010
**Phone:** 269 686-2100 or 1 866 711 7777
Fax: 269 686 2105
**Hours:** M-F 9am-4pm
**Website:** www.accrsinc.com

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller’s needs and direct the caller to services that fit those needs. This service is free to the caller.

**The Allegan County Crisis Response:**
Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**COMMUNITY HEALING CENTER**
2615 Stadium Drive Kalamazoo, MI 49008
**Phone:** 343-1651
**Hours:** M-T 8am-8pm Friday 8am-5pm
**Website:** www.communityhealingcenter.org
Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

**NATIONAL CLEARINGHOUSE FOR ALCOHOL/DRUG INFORMATION**
**Phone:** 1-877 SAMHSA-7 or 1877-767-8432 Espanola
Fax: 240 221 4292
**Hours:** M-F 8am;8pm
**Website:** www.ncadi.samhsa.gov
24 hour referral service to area providers of substance abuse services, and free government publications on alcohol and drug use.

**NEWMAN, STEPHEN, Ed.D.**
Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526
**Phone:** 673-6862
Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment.
Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**OTTAGAN ADDICTIONS RECOVERY, INC.**
108 Chestnut Street Allegan, MI 49010  
**Phone:** 269 686-9810 Allegan  
616 396-5284 Holland  
616 842-6710 Grand Haven  
**Hours:** M-F 830am-5pm  
**Website:** [www.oar-inc.org](http://www.oar-inc.org)  
Outpatient counseling is provided for those affected directly or indirectly by chemical dependence in individual or group therapy sessions. Counseling services for family members and friends are available weekly. We also offer Residential substance abuse treatment. Our services are open to those 16 years and older. Male and Female substance abuse are offered separate. FEE: Sliding fee scale for those who qualify.

**PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)**
122 E. Chart Street Plainwell, MI 49080  
**Phone:** 685-6363  
**Hours:** (Varies) M-F 9am-9pm or by appointment  
**Website:** None  
Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but no limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

**RECOVERY SOURCES MINISTRY**
100 S. Pine St. Suite 110 Zeeland, MI 49464  
**Phone:** 616-748-6024  
**Hours:** Tues & Thurs. 9-5 pm  
**Website:** [www.recoverysourceministry.org](http://www.recoverysourceministry.org)  
Recovery source ministry is a support group designed to help youth struggling with addiction toward recovery and healing licensed counselor on staff as well. Call for an appointment,

**PLAINWELL COUSELING CENTER**
311 Park St. Plainwell, MI 49080  
**Phone:** 269 685-9401  
**Hours:** Vary by appointment  
**Website:** [www.plainwellcounselingcenter.com](http://www.plainwellcounselingcenter.com)  
Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery,
education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients. Support groups for those who survived abuse. Services are offered on a sliding scale fee.

**ALCOHOL AND SUPPORT GROUPS**

**A.A. MEETINGS**
Episcopal Church of the Good Shepherd
101 N. Walnut Street Allegan, MI 49010
**Phone:** 673-2254
**Website:** N/A
Teens are welcome to all A.A Allegan open meetings scheduled weekly. Call for times.

**FIRST CALL FOR HELP**
Housing Resource center
1291 Lincoln Rd Allegan, MI 49010
**Phone:** 269 686-2100 or 1 866 711 7777
**Fax:** 269 686 2105
**Hours:** M-F 9am-4pm
**Website:** [www.accrsinc.com](http://www.accrsinc.com)

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Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**HOLLAND ALANO CLUB**
201 E. 39th Street Holland, MI 49423
**Phone:** (616) 392-9116
**Hours:** Vary by meetings
**Website:** [www.hollandaa.com](http://www.hollandaa.com)
A.A., Alano Club, AL-A-TEEN meetings are coming soon. Teens can attend any open meetings offered here. Opening meetings are as follows: Saturday at 8pm is the open speakers meeting and Sunday morning at 8am for AA. Sunday at 830 for NA open meetings.

PLAINWELL COUSLING CENTER
319 Park Street
Plainwell, MI 49080
Phone: 269.685.9401
Website: www.plainwellcounselingcenter.com
Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients. Support groups for those who survived abuse. Services are offered on a sliding scale fee.

DEATH, GREIF, AND LOSS
WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC.
530 Linn Street, Suite A Allegan, MI 49010
Phone: 686-8659 or 1-800-796-2676
Hours: 24/7
Website: www.alleganhospice.com
Email: wings@acc.org
Wings of Hope Hospice offer support and education for persons of all ages experiencing loss through death. Our professional bereavement staff serves as a resource to agencies, schools, etc., throughout Allegan County. Hospice grief support services are available to everyone at no charge. Call for more information about ongoing support groups, grief recovery classes, supportive services, and presentations.

HOSPICE OF HOLLAND, INC.
270 Hoover Blvd. Holland, MI 49423
Phone: (616) 396-2972
Hours: vary
Website: www.hollandhospice.org
Hospice of Holland provides end-of-life care to the terminally ill and their families through a team of nurses, social workers, home health aides, chaplains, and volunteers. Following the patient’s death, Hospice Bereavement Counselors are available to provide grief counseling and support to family members and friends. Hospice Bereavement Services are also available on a limited basis to anyone in the community who has experienced the death of a friend or loved one. Counselors are also available to facilitate support groups, workshops, and seminars related to grief and loss in schools,
**DIVORCE**

**DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST**
239 Riverfront Plaza Allegan, MI 49010  
**Phone:** 673-5897  
**Hours:** By appointment  
Counseling and psychological services for individuals, and families for a wide variety of concerns, including, but not limited to: depression, suicide, grief/loss, abuse, eating disorders, adjustment problems, divorce, and relationship problems. Most insurances accepted.

**CENTER FOR WOMEN IN TRANSITION**
151 Brady Street Allegan, MI 49010  
**Phone:** (Allegan): (269) 673-2299  
**Or 24 hour crisis line:** (616) 392-1970 or 1-800-848-5991  
**Hours:** M,T,TR,F 9am-5pm and Wednesday by appointment only

**411 Butternut Dr. Holland, MI 49424**  
**Phone:** (Holland): (616) 392-2829  
**Hours:** M-F 9am-5pm

300 North Ferry St. Suite C  
Grand Haven, MI 49417  
**Hours:** M-F 9am-5pm  
**Website:** www.aplaceforwomen.org  
The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

**FIRST CALL FOR HELP**
Housing Resource center  
1291 Lincoln Rd Allegan, MI 49010  
**Phone:** 269 686-2100 or 1 866 711 7777  
**Fax:** 269 686 2105  
**Hours:** M-F 9am-4pm  
**Website:** www.accrsinc.com  
**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller’s needs and direct the caller to services that fit those needs. This service is free to the caller.  
**The Allegan County Crisis Response:**  
Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.
Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

NEWMAN, STEPHEN, Ed.D.
Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526
Phone: 673-6862
Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.
Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)
122 E. Chart Street Plainwell, MI 49080
Phone: 685-6363
Office Hours: By appointment.
Website: None
Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC
1530 Nichols Road Kalamazoo, MI 49006
Phone: 343-6700
Hours: vary
Website: www.pinerest.org
Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services, adolescent residential services, and inpatient and outpatient services programmed specifically for the client’s individual needs. All ages accepted

PINE REST CHRISTIAN MENTAL HEALTH SERVICES
The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address divorce adjustment, anger, separation grief, substance use and eating disorders. Professional staff develops treatment programs and provide a continuum of services that focus on the needs of the whole person and promote individual growth.

DESSERT STREAMS
995 Miller rd., Plainwell, MI
Phone: 269-685-9798
Hours: Varies by appointment, offer evening and Saturday appointments
Website: www.desertstreams.org
Desert Streams offers individual counseling, Family counseling Group counseling Psychological assessments ADHD diagnostic testing Neurotherapy Step / Blended Family counseling Divorce and post-divorce counseling for youth and their families.

EATING DISORDERS

FIRST CALL FOR HELP
Housing Resource center
1291 Lincoln Rd Allegan, MI 49010
Phone: 269 686-2100 or 1 866 711 7777
Fax: 269 686 2105
Hours: M-F 9am-4pm
Website: www.accrsinc.com
FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller’s needs and direct the caller to services that fit those needs. This service is free to the caller.
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Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.
FOREST VIEW PSYCHIATRIC HOSPITAL
1055 Medical Park Drive, SE Grand Rapids, MI 49546
Phone: (616) 942-9610 or 1-800-949-8439
Website: www.uhsinc.com
Forest View is a private facility that provides general psychiatric care for adults and adolescents. We also specialize in eating disorders, traumatic abuse, and addictions associated with mental illness. Treatment is offered in outpatient, inpatient and partial (day time only) hospital programs.

NEWMAN, STEPHEN, Ed.D.
Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526
Phone: 673-6862
Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.
Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)
122 E. Chart Street Plainwell, MI 49080
Phone: 685-6363
Office Hours: (Varies) M-F 9am-9pm or Hours: By appointment.
Website: none
Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

PINE REST CHRISTIAN MENTAL HEALTH SERVICES
300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165
Phone: (616) 455-9200 or 1-800-678-5500
Hours: vary
Website: www.pinerest.org
The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological, family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address divorce adjustment, anger, separation grief, substance use and eating disorders.
Professional staff develops treatment programs and provide a continuum of services that focus on the needs of the whole person and promote individual growth.

**EDUCATION**

**HILLSIDE LEARNING AND BEHAVIOR CENTER**
212 Grove Street Allegan, MI 49010
**Phone:** 673-2167  
**Hours:** M-F 830am-3pm  
**Website:** www.alleganaesa.org  
Special education services for mentally, physically, and emotionally impaired students ranging from age 3 to 26. Our services cover Allegan, Martin, Fennville, Otsego, Glenn, Plainwell, Hopkins, and Wayland schools. Students must be referred by your local district for acceptance. Our services for special education include: Autism spectrum program, assistive technology services, an early on program for children 0-3, hearing impaired program, occupational therapy, physical therapy, speech and language therapy, vision and impairment program, and a work study/ transition services.

We have educational services for adults and parents. As well as information on educational services offered in their area. Services are available for home schooled and homeless children and troubled youth. Tutoring services are also provided at our school.

**ALLEGAN COUNTY AREA TECHNICAL & EDUCATION CENTER**
2891 116th Avenue (M-222) Allegan, MI 49010  
**Phone:** 673-3121  
**Website:** www.alleganaesa.org  
High school students and adults can attend classes in:
- Auto Technology  
- Building and Grounds Maintenance  
- Commercial Arts  
- Computer Accounting  
- Computer Technology  
- Construction Technology  
- Diesel & Heavy Equipment Mechanics  
- Drafting  
- Electro-Mechanical  
- Food Management  
- Graphic Arts  
- Greenhouse, Landscape & Environmental Science  
- Health Occupations  
- Machine Tool Technology  
- Marketing  
- Office Technology  
- Welding  
Also available are counseling, placement services for co-op positions, and a computer
lab. The center is open during normal school hours, as well as evenings for classes. See your school counselor or call the Tech-Ed Center for more information. Students must be enrolled in a local High School prior to admittance into our program. Upon entrance into our program, students will spend half of the day here at the Center and the other half home schooled. Our programs are competency based, hands-on programs which are aligned with the state of Michigan’s six career pathways.

**ALLEGAN EDUCATIONAL SERVICE AGENCY**  
310 Thomas Street Allegan, MI 49010  
**Phone:** 673-2161  
**Hours:** M-F 9AM-5PM  
**Website:** [www.alleganaesa.org](http://www.alleganaesa.org)  
Personnel at the AESA can provide information and make referrals for youth who have questions and/or problems. People working for the AESA are involved with all local school districts as well as with all agencies in the county that provide human services. Open during normal school hours.

**AMERICAN RED CROSS**  
425 Hubbard Street Allegan, MI 49010  
**Phone:** 673-8640  
**Website:** [www.greaterkzooredcross.org](http://www.greaterkzooredcross.org)  
The American Red Cross provides training in Standard First Aid, Infant and Child CPR, Adult CPR, Baby-sitting Training (for youth 10 and older), Basic Aid Training (for youth 5-8), First Aid for children (for youth 9-12), Water Safety Programs, Water Safety Instructors’ Training, Lifeguard Training (for youth 17 years and older), and AIDS education.

**MICHIGAN STATE UNIVERSITY EXTENSION OFFICE**  
MSU Extension Allegan County  
Human Services Building  
3255 122nd Ave, Suite 101 Allegan, MI 49010  
**Website:** [www.msue.msu.edu/allegan](http://www.msue.msu.edu/allegan)  
**Phone:** 673-0370  
**Hours:** vary  
Extension is the educational outreach program of Michigan State University. Program areas include: Agriculture & Natural Resources; Children, Youth and Families; Community Development & Rural Revitalization. 4-H Clubs, special interest activities, school programs, and Camp Kidwell are a part of the services.

**NEWMAN, STEPHEN, Ed.D.**  
Allegan Psychological Services  
320 Spruce Street Allegan, MI 49010-1526  
**Phone:** 673-6862  
**Hours:** 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.
Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

**ALLEGAN COUNTY MICHIGAN WORKS**
2891 116th Ave 888-520-0445 Allegan, MI 49010  
**Phone:** 269-686-5329  
**Website:** [www.michworks.org](http://www.michworks.org)  
The Allegan County Michigan Works! Service Center is a service unit of the Allegan Area Educational Service Agency. A variety of services are available for youth (ages 14-21) living in Allegan County. Programs for youth attending high school include credit recovery, skill improvement, and summer work-based learning opportunities. Career Resource Centers (CRC) located in the local high schools focus on career exploration and post-secondary linkages for 11th and 12th graders. Staff provide assistance with resume writing, interviewing skills, job search skills, career exploration software, and job shadowing. For youth who are out-of-school (HS diploma/GED), we have occupational training for one year certificate programs and on-the-job training. Youth who have dropped out of school may receive services for obtaining a HS Diploma or GED, occupational training, and/or locating employment. An information session runs every Monday at 1:00 p.m. at the Michigan Works Service Center.

**EMERGENCY ASSISTANCE**

**ALLEGAN COUNTY COMMUNITY HEALTH**  
3285 122ND Ave, Allegan, MI 49010  
**Phone:** 269 673-0202  
**Emergency Line:** 1888- 354-0596 (24hr/7days)  
**Hours:** M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm  
**Website:** [www.michigan.gov](http://www.michigan.gov)  
Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

**HOUSING RESOURCE CENTER**  
1291 Lincoln Road Allegan, MI 49010  
**Phone:** 686-2100 or 1-866-711-7777  
**Website:** [www.accrsinc.org](http://www.accrsinc.org)  
24-hour crisis and trauma management services. Many professional interventions available for those experiencing or witnessing an event or situation that overwhelms their ability to cope. ACCRT also acts as a referral resource for available services throughout Allegan County. FEE: No charge.

**ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES**
Receives complaints of neglect or abuse of children and adolescents in Allegan County, and investigates those complaints. The referring person remains anonymous unless subpoenaed by the court. 24-hour Child Protective Service crisis line.

ALLEGAN COUNTY SHERIFF’S DEPARTMENT
112 Walnut Street Allegan, MI 49010
Phone: 673-0500
Emergency: 911
24 hour Central Dispatch: 673-3899
Provides emergency services to neglected or abused children and/or adolescents.

THE ARK
990 West Kilgore 24-hour Kalamazoo, MI 49008
Phone: 343-8765 or 1-800-873-8336
Hours: open 24 hours every day of the week
Website: www.catholicfamilyservices.org
A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

BABY HOTLINE FOR PREGNANT WOMEN
Maternal support helpline
Phone: 1-800-262-4784

DOMESTIC ASSAULT PROGRAM (YWCA)
353 E. Michigan Avenue Kalamazoo, MI 49007-3844
Phone: 385-2869
24-hour crisis: 385-3587
Hours: M-F 830AM -530PM
Crisis shelter open 24/7
Website: www.ywcakalamazoo.org
The Domestic Assault Program offers a support group for domestic assault. We also offer counseling to children over 5 from households where domestic violence is present. We offer a children’s center, a mentoring program, and a sexual assault program. Along with our programs, we offer emergency shelter and transitional housing for victims. Our services are offered to both male and female victims.

VULNERABLE ADULT HOTLINE
Phone: 1-800-996-6228
Provides support and guidance to youth and adults.
FIRST CALL FOR HELP
Housing Resource center
1291 Lincoln Rd Allegan, MI 49010
Phone: 269 686-2100 or 1 866 711 7777
Fax: 269 686 2105
Hours: M-F 9am-4pm
Website: www.accrsinc.com

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Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

MICHIGAN STATE POLICE
Wayland: (269) 792-2213
S. Haven: (269) 637-2126
Website: www.michigan.gov/msp

NATIONAL RUNAWAY HOTLINE
Phone: 1-800-RUNAWAY
Website: www.1800runaway.org
A service set up to relay messages between runaways and their families without pointing blame at anyone. Provides help & resources to runaway youth 7 youths in crises as well as the family.

PARENT HELPLINE
24 HRS Phone: 1-800-942-4357
Website: www.gryphon.org

REGIONAL POISON INFORMATION CENTER
Phone: 1-800-222-1222

RUNAWAYS RAP LINE
Phone: 1-800-292-4517
This toll-free hotline provides information and assistance to runaways and their families 24 hours a day
SEXUAL ASSAULT PROGRAM (YWCA)
353 E. Michigan Avenue Kalamazoo, MI 49007-3844
Phone: 345-2869
24-hour crisis: 345-3587
Website: www.ywcakalamazoo.org
24-hour crisis line. 24-hour supportive services for the victim and his or her family.
Crisis intervention counseling. Rape survivors support group. Community education
and prevention programming. Sensitive care for rape and sexual abuse victims, and
training for volunteers. NO FEE.

SYLVIA’S PLACE DOMESTIC ASSAULT SHELTER
P. O. Box 13Allegan, MI 49010
Phone: 673-8700
Hours: vary
Website: www.sylviasplace.com
Safe shelter for abused women and their children found homeless due to domestic
violence. Provides food, clothing, and shelter. Facilitates access to community resources.
NO FEE.

BORGESS PIPP HOSPITAL
411 Naomi Street Plainwell, MI 49080
Phone: 685-6811
Hours: (non emergency M-F 8AM-5PM)
Website: www.borgess.com
Full medical services for pregnant women, including nurse midwifery services. Prenatal
education classes offered. Topics include physical and emotional changes during the
last trimester of pregnancy, relaxation and breathing techniques during labor, and
helping techniques for the “support” person. No wait ER.

TELEPHONE ASSISTANCE
Directory assistance: 1-269-555-1212 or 1-(area code)555-1212
All 800 and 888 numbers are toll free. To make a collect call, dial 0, and then the
number you wish to call.

NATIONAL SEXUAL ASSAULT HOTLINE
Website: www.rainn.org

EMPLOYMENT

ALLEGAN COUNTY MICHIGAN WORKS! SERVICE CENTER
2891 - 116th Avenue Allegan, MI 49010
Phone: 686-5079
Website: www.michworks.org
Toll free: 888-520-0445
You can get assistance in job search; resume writing, career counseling and assessment.
Learn about job opportunities and tuition scholarships for training after high
MANPOWER SERVICES
1305 Lincoln Road Allegan, MI 49010
Phone: 673-5457
Website: www.manpower.com
Temporary industrial and office work. Computer training available for word processing, data base, spread sheets, graphics, PCs, and main frame computers.

HANDICAP SERVICES FOR YOUNG PEOPLE

HILLSIDE LEARNING AND BEHAVIOR CENTER
212 Grove Street Allegan, MI 49010
Phone: 673-2167
Hours: M-F 8am-3pm
Website: www.alleganaesa.org
Special education services for mentally, physically, and emotionally impaired students ranging from age 3 to 26. Our services cover Allegan, Martin, Fennville, Otsego, Glenn, Plainwell, Hopkins, and Wayland schools. Students must be referred by your local district for acceptance. Our services for special education include; Autism spectrum program, assistive technology services, an early on program for children 0-3, hearing impaired program, occupational therapy, physical therapy, speech and language therapy, vision and impairment program, and a work study/ transition services.

We have educational services for adults and parents. As well as information on educational services offered in their area. Services are available for home schooled and homeless children and troubled youth. Tutoring services are also provided at our school.

CHILDREN’S SPECIAL HEALTH CARE SERVICES/DSCC
Allegan County Health Department
3255 122nd Ave. Suite 200 Allegan, MI 49010
Phone: 673-5440
1-800-359-3722
Locally based program. Provides assistance for families to pay for treatment, supplies, and equipment for medically eligible persons under the age of 21 years, and for persons over 21 having cystic fibrosis or hemophilia. HOURS: 8:00 A.M.-5:00 P.M. Call for an appointment. When calling the 800 number, ask to speak to an Allegan County Representative

LEARNING DISABILITIES ASSOCIATION OF MICHIGAN
200 Museum Drive, Suite 101 Lansing, MI 48933
Phone: (517) 485-8160
Website: www.ldaofmichigan.org
E-mail: Ldmich@sbcglobal.net
Support groups, newsletters, conferences, and information for families of children with learning disabilities.
DEPT. OF LABOR AND ECONOMIC GROWTH/ MICHIGAN REHABILITATION SERVICES
121 Clover Ave Holland, MI 49423
Phone: (616) 395-8495 or 1-800-481-7837
Hours: M-F 8am-5pm
Vocational counseling, occupational skill training, and job placement for individuals with disabilities resulting in barriers to employment. Services are free. Call for application.

SOCIAL SECURITY ADMINISTRATION
Phone: 1-800-772-1213
Website: www.socialsecurity.gov
Main offices are in Grand Rapids & Kalamazoo. Social Security Disability (SSD) office handles Social Security Retirement, survivors and disability benefits, Medicare, and Supplemental Security Income (SSI) benefits.

EARLY ON OF ALLEGAN COUNTY
310 Thomas Street Allegan, MI 49010
Fax: 269-673-2361
Phone: 269-673-2161
Email address: mhenry@alleganaesa.org
Website: www.alleganaesa.org
Early On offers services to children and their families 0-3 years old. Services include early intervention for Infants/Toddlers with disabilities or delays.

HEAD START
323 Water Street Allegan, MI 49010
Phone: 269-673-5472
Fax: 269-673-3795
Website: www.acrdc.org
Head Start offers comprehensive preschool program available to income-eligible three and four year olds in Allegan County. Center-based program has several locations across Allegan County. Home-based option includes weekly home visits, parent focused teacher, playgroups and socialization opportunities. Family services support provided to all Head Start families. Children with disabilities are encouraged to apply.

LAW

ALLEGAN COUNTY CIRCUIT COURT FAMILY DIVISION
113 Chestnut, Allegan, MI 49010
Phone: 269 673-0534
Hours: M-F 8am- 5pm
Website: www.michigan.gov
The court provides legal and referral services for neglected/abused children and adolescents in Allegan County.
ALLEGAN COUNTY SHERIFF’S DEPARTMENT
112 Walnut Street Allegan, MI 49010
Phone: 673-0500
Emergency: 911
24 hour Central Dispatch: 673-3899
Hours: vary
Website: www.allegancounty.org
Provides emergency services to neglected or abused children and/or adolescents.

LEGAL AID OF WESTERN MICHIGAN
636 Hastings Ave Holland, MI 49423.
Phone: (248) 569-9658 or 1-888-783-8190
Legal services provide free legal assistance with non-criminal matters to persons financially unable to retain private counsel. Website: www.legalaidwestmich.org

MICHIGAN STATE POLICE
Wayland: (269) 792-2213
S. Haven: (269) 637-2126
Website: www.michigan.gov/msp

MENTAL HEALTH

DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST
239 Riverfront Plaza Allegan, MI 49010
Phone: 673-5897
Hours: By appointment
Counseling and psychological services for individuals, families, and groups, for a wide variety of concerns, including, but not limited to: depression, suicide, grief/loss, abuse, eating disorders, adjustment problems, divorce, and relationship problems. HOURS: By appointment. Most insurances accepted.

ALLEGAN COUNTY COMMUNITY HEALTH
3285 122ND Ave, Allegan, MI 49010
Phone: 269 673-0202
Emergency Line 1888- 354-0596 (24hr/7days)
Hours: M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm
Website: www.michigan.gov
Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

ALLEGAN GENERAL HOSPITAL
Psychiatric Unit
551 Linn Street Allegan, MI 49010
Phone: 686-4171 or 686-4170
Main Hospital: 673-8424
Website: www.aghosp.org
Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

BETHANY CHRISTIAN SERVICES
12048 James Street Holland, MI 49424
Phone: (616) 396-0623
Toll free: 1-800-BETHANY
Website: www.bethany.org/holland
Hours: M-F 8AM-5PM and counseling M-W 8AM-9PM and Thurs 8AM-5PM
Provides confidential pregnancy counseling and adoption services to pregnant teens. Open adoption plans and placement without foster care available. We also do have a birthparent counselor. Housing for pregnant teens also available. Provides parenting classes for teenage parents. Foster care licensing, support groups, and special needs adoption. Spanish speaking services available. FEE: NO FEE for pregnancy counseling, placement services, housing, or parenting classes. Also a worker will travel to a Client for pregnancy counseling services. CARING NETWORK PROGRAM AND APARTMENTS

CATHOLIC FAMILY SERVICES
1819 Gull rd. Kalamazoo, MI 49048
Phone: 381-9800 or Van buren county 269 621 2910
Hours: M,TR,F 830am-5pm, Tuesdays 830am-7pm, and Wednesdays 830am-900pm. All counseling services by appointment only
Website: www.catholicfamilyservices.org
In partnership with the ARK, Catholic Family Services offers services for homeless runaways and youth in crisis, ark community services, transitional living for youth, pregnancy and parenting services, and mental health counseling for youth and adult.

PATHWAYS, MI
217 Hubbard Street, Allegan, MI 49010
Phone: 673-1896 or 1 866 673 1896
Fax: 269 686 2011
Hours: M-TR 8am-5pm
Website: www.pathwaysmi.org
Provides substance abuse counseling for adolescents and adults, as well as those who are impacted by a family member who has a substance abuse problem. Services include individual, marital, family, and group counseling. Pathways has services and resources for early childhood through the Western Regional Resource Center. Pathways offers a variety of parenting services to strengthen families through education and parenting approaches. Pathways also offers Adoption services. FEE: Varies according to individual need and ability to pay.

DELANO CLINIC
1722 Shaffer Road Kalamazoo, MI 49048
Mental health services to children and adolescents who are experiencing severe disruptions in their lives. Individual and family therapy available to provide a wide range of services including treatment of depression and issues centered around suicide. Outpatient, inpatient, and partial hospitalization programs. No county residency requirements.

FIELDSTONE CENTER OF BATTLE CREEK HEALTH SYSTEM
165 N. Washington Street Battle Creek, MI 49016
Phone: 1-800-582-1900
Website: www.bchealth.com
Hours: vary
Behavioral health crisis assessment and inpatient behavioral health services for adults and geriatric patients. Self-referral accepted if over 18 years of age. FEE: Medicaid

FOREST VIEW PSYCHIATRIC HOSPITAL
1055 Medical Park Drive, SE Grand Rapids, MI 49546
Phone: (616) 942-9610 or 1-800-949-8439
Website: www.uhsinc.com
Forest View is a private facility that provides general psychiatric care for adults and adolescents. We also specialize in eating disorders, traumatic abuse, and addictions associated with mental illness. Treatment is offered in outpatient, inpatient and partial (day time only) hospital programs

COMMUNITY HEALING CENTER
2615 Stadium Drive Kalamazoo, MI 49008
Phone: 343-1651
Hours: M-T 8am-8pm Friday 8am-5pm
Website: www.communityhealingcenter.org
Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

HOLLAND BEHAVIORAL HEALTH SERVICES
854 S. Washington Suite 330 Holland, MI 49423
Phone: child/adolescent: (616)355-3948
Inpatient treatment at Holland Hospital for those 18 years and older only, and two outpatient clinics.

NEWMAN, STEPHEN, Ed.D.
Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526
Phone: 673-6862
Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.
Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)
122 E. Chart Street Plainwell, MI 49080
Phone: 685-6363
Hours: (Varies) M-F 9am-9pm or by appointment
Website: None
Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but no limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

PINE REST CHRISTIAN MENTAL HEALTH SERVICES
300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165
Phone: (616) 455-9200 or 1-800-678-5500
Hours: vary
Website: www.pinerest.org
The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological, family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address appointment. Emergency phone coverage. Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC
1530 Nichols Road Kalamazoo, MI 49006
Phone: 343-6700
Hours: vary
Website: www.pinerest.org
Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services,
adolescent residential services, and inpatient and outpatient services programmed specifically for the client’s individual needs. All ages accepted

PLAINWELL COUNSELING CENTER
311 Park St. Plainwell, MI 49080
Phone: 269 685-9401
Hours: Vary by appointment
Website: www.plainwellcounselingcenter.com
Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients

PHYSICAL HEALTH

ALLEGAN COUNTY HEALTH DEPARTMENT
3255 122nd Ave. Suite 200 Allegan, MI 49010
Phone: 673-5411
Website: www.michigan.gov
Hours: M-F 8am-5pm or by appointment
Provides a variety of health care services, including:
Immunizations: Phone: 673-5411
TB (Tuberculosis) testing: Phone: 673-5413
Pregnancy & prenatal/postpartum care: Phone: 673-5486
STD/AIDS/other communicable diseases: Phone: 673-5413

HOLLAND COMMUNITY HOSPITAL
602 Michigan Avenue Holland, MI 49423
Phone: (616) 392-5141
Website: www.hollandhospital.org
Emergency care, hospitalization, support groups, translation services, Hispanic resources. In patient and out patient services provided by skilled specialist.

HOSPICE OF HOLLAND, INC.
270 Hoover Blvd. Holland, MI 49423
Phone: (616) 396-2972
Website: www.hollandhospice.org
Hospice of Holland provides end-of-life care to the terminally ill and their families through a team of nurses, social workers, home health aides, chaplains, and volunteers. Following the patient’s death, Hospice Bereavement Counselors are available to provide grief counseling and support to family members and friends. Hospice Bereavement Services are also available on a limited basis to anyone in the community who has experienced the death of a friend or loved one. Counselors are also available to facilitate support groups, workshops, and seminars related to grief and loss in schools,
churches, and other community organizations.

**PULLMAN HEALTH CENTER**
InterCare Community Health Network
5498 109th Avenue Pullman, MI 49450
Phone: 236-5021
Website: [www.intercare.org/pullman.html](http://www.intercare.org/pullman.html)
Hours: Mon.-Fri., 8:00am.-5:00 pm, with late evening hours available on Mon, Tues, and Thurs.
Provides comprehensive community-oriented primary health care, dental services, a dental van traveling around to schools and agencies, WIC, which is only provided in Otsego, Grand Haven, Sparta, Paw Paw, Dowagiac, and Allendale, well-child checks, flu shots, immunizations, hearing/vision testing, family planning, well-women exams, and behavioral health and outreach programs.

**PREGNANCY SERVICES**

**ALLEGAN COUNTY HEALTH DEPARTMENT**
3255 122nd Ave. Suite 200 Allegan, MI 49010
Phone: 673-5486
Hours: M-F 8AM 5PM
The Health Department has specific programs designed to serve pregnant adolescents or those who have just given birth. Programs are designed to help individuals requiring

**ALLEGAN GENERAL HOSPITAL**
551 Linn Street Allegan, MI 49010
Phone: 686-4171 or 686-4170
Main Hospital: 673-8424
Website: [www.aghosp.org](http://www.aghosp.org)
Prenatal classes are recommended to mothers in their last trimester of pregnancy. The classes are taught by licensed obstetric nurses and physicians. The participants will be prepared for the experience of childbirth. Pre-registration is required to accommodate each class size

**BETHANY CHRISTIAN SERVICES**
12048 James Street Holland, MI 49424
Phone: (616) 396-0623
Toll free: 1-800-BETHANY
Website: [www.bethany.org/holland](http://www.bethany.org/holland)
Hours: M-F 8AM-5PM and counseling M-W 8AM-9PM and Thurs 8AM-5PM
Provides confidential pregnancy counseling and adoption services to pregnant teens. Open adoption plans and placement without foster care available. We also do have a birthparent counselor. Housing for pregnant teens also available. Provides parenting classes for teenage parents. Foster care licensing, support groups, and special needs adoption. Spanish speaking services available. FEE: NO FEE for pregnancy counseling, placement services, housing, or parenting classes. Also a worker will travel to a Client for
pregnancy counseling services. CARING NETWORK PROGRAM AND APARTMENTS

BABY HOTLINE FOR PREGNANT WOMEN
Maternal support helpline
Phone: 1-800-262-4784

CARING NETWORK PROGRAM AND APARTMENTS
1441 South Westnedge Crisis Kalamazoo, MI 49008
Pregnancy Line: 381-1234
Website: www.catholicfamilyservice.org
The Caring Network program provides case management services to pregnant women. This program assists women with identifying alternatives to abortion through options counseling and with adoption. The Caring Network serves as a resource for mothers in obtaining consistent prenatal care, material needs, and support group and childbirth preparation classes. The program also assists families with monitoring well-baby checkups and immunizations. The Caring Network Apartments provides transitional housing for single pregnant women with no other children. Teen parent program also available. Mother-Friend volunteers program for pregnant women and new moms. Postpartum and depression services, The warm line service offers a 24 hour 7 days a week emotional support line, and a Read me a story literacy program for parents and children.

PATHWAYS, MI
217 Hubbard Street Phone: 673-1897
Allegan, MI 49010
Provides supportive counseling services and parent training. Parenting classes are in Allegan but appointments are to be made in the Holland office. 1-800-396-0241 to pregnant and parenting teens in the Allegan County area. Referrals may be made directly by phone. Self-referrals are accepted. FEE: None.
Website: www.pathwaysmi.org

LAKESHORE REGIONAL 4C
310 Thomas Street Allegan, MI 49010
Phone: 269-673-2161 x3427
Hours: 8:00 A.M.-4:30 P.M., Monday-Friday
Holland office: 800-396-0241
Website: www.lakeshore4c.org
The Network assists persons requiring child care services. Referrals to registered/licensed child care providers are available, as well as consultation on child care and child development issues. Information on child day care assistance payment is also provided. Call office or come in.

EARLY EDUCATION SERVICES-ALLEGAN COUNTY AESA
310 Thomas Street Allegan, MI 49010
Phone: 673-6954
Parenting education in your home, high school completion, and preschool classes for four year old children. All programs are focused on helping you prepare your child for school success. Services are provided in each school district and begin at birth. All services are free and open to all families. Call our office for more information.

FAMILY PLANNING & WOMEN’S HEALTH OF ALLEGAN COUNTY, INC.
3255 122nd Ave. Suite 200 Allegan, MI 49010
Phone: 686-4560
Website: www.michigan.gov
Hours: Morning, afternoon, and evening hours vary, an appointment is necessary. Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

COMMUNITY HEALING CENTER
2615 Stadium Drive Kalamazoo, MI 49008
Phone: 343-1651
Hours: M-T 8am-8pm Friday 8am-5pm
Website: www.communityhealingcenter.org
Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

PARENT HELPLINE AVAILABLE 24 HOURS
Phone: 1-800-942-4357
For parents or caregivers who feel frazzled and overwhelmed with the responsibilities of parenting, and would like some support. Website: www.gryphon.org

LAKESHORE PREGNANCY CENTER OF ALLEGAN COUNTY
114 Chestnut Street, Allegan MI 49010
Phone: 269 686-7111
Hours: Mondays 10:00 A.M. – 7:00 P.M., Tuesdays, Wednesdays, & Thursdays from10:00 to 4:30 pm
e-mail address: lpcofallegan@i2k.com
Website: www.lakeshorepregnancycenters.com
All of our services are free and confidential. Pregnancy confirmation is available without an appointment. We will help you explore all your options and answer all your questions. Confidential Other services include prenatal & parenting classes, material services help such as maternity clothes, diapers and baby items, and much more.

PLANNED PARENTHOOD OF SOUTH CENTRAL MI
4201 W. Michigan Avenue Kalamazoo, MI 49006
Phone: 372-1200 or 1-800-559-9093
Hours: Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday
Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm


PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Getting your birth control without a pelvic exam. Free All-Option Pregnancy Counseling. LGBT services are also available.

BORGERESS-PIPP HOSPITAL
411 Naomi Street Plainwell, MI 49080
Phone: 685-6811
Hours: (non emergency M-F 8AM-5PM)
Website: www.borgess.com
Full medical services for pregnant women, including nurse midwifery services. Prenatal education classes offered. Topics include physical and emotional changes during the last trimester of pregnancy, relaxation and breathing techniques during labor, and helping techniques for the “support” person. No wait ER.

YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES
100 S. pine St. Suite 390 Zeeland, MI 49464
Phone: (616) 392-1479
Website: www.ghyfc.org
Email: info@ghyfc.org
Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it’s like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

PREMARITAL COUNSELING

PLANNED PARENTHOOD OF SOUTH CENTRAL MI
4201 W. Michigan Avenue Kalamazoo, MI 49006
Phone: 372-1200 or 1-800-559-9093
Hours: Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm
PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Free All-Option Pregnancy Counseling. LGBT services are also available.
**RUNNING AWAY**

**ALLEGAN COUNTY YOUTH SERVICES BUREAU**
Allegan County Intermediate School District  
**Phone:** 673-0521  
Allegan County Youth Services Bureau  
310 Thomas Street  
Allegan, MI 49010  
Provides support and assistance to young people in trouble.

**THE ARK**  
990 West Kilgore 24-hours Kalamazoo, MI 49008  
**Phone:** 343-8765 or 1-800-873-8336  
**Hours:** open 24 hours  
**Website:** [www.catholicfamilyservices.org](http://www.catholicfamilyservices.org)  
A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

**THE BRIDGE OF ARBOR CIRCLE**  
1115 Ball Avenue. NE 24-hour Grand Rapids, MI 49505  
**Phone:** (616)-451-3001 or 1-877-275-7792  
**Website:** [www.arborcircle.org](http://www.arborcircle.org)  
The Bridge provides 24 hour crisis counseling for teens and families, emergency shelter for teens (ages 10 through 17), education, and other referrals as needed. NO FEE.

**FIRST CALL FOR HELP**  
Housing Resource center  
1291 Lincoln Rd Allegan, MI 49010  
**Phone:** 269 686-2100 or 1 866 711 7777  
**Fax:** 269 686 2105  
**Hours:** M-F 9am-4pm  
**Website:** [www.accrsinc.com](http://www.accrsinc.com)

**FIRST CALL FOR HELP** is where you call to reach a Call Specialist who will assess the caller’s needs and direct the caller to services that fit those needs. This service is free to the caller.  
**The Allegan County Crisis Response:**  
Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility
assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

**NATIONAL RUNAWAY HOTLINE**
**Phone:** 1-800-RUNAWAY
**Website:** www.1800runaway.org

**RUNAWAYS RAP LINE**
**Phone:** 1-800-292-4517
This toll-free hotline provides information and assistance to runaways and their families 24 hours a day

**RAPE AND SEXUAL ASSULT**

**ALLEGAN COUNTY COMMUNITY HEALTH**
3285 122ND Ave, Allegan, MI 49010
**Phone:** 269 673-0202
**Emergency Line:** 1888-354-0596 (24hr/7days)
**Hours:** M-T 8am-7pm, W-TR 8am-5pm F 8am-1pm
**Website:** www.michigan.gov
Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

**ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES**
3255 122nd Ave, Suite 300 Allegan, MI 49010
**Phone:** 673-7700
**Hours:** M-F 8-5 (hours vary by worker)
**24-hour crisis:** 673-2346
**Website:** www.michigan.gov
Receives complaints of neglect or abuse of children and adolescents in Allegan County, And investigates those complaints. The referring person remains anonymous unless Subpoenaed by the court. 24-hour Child Protective Service crisis line.

**ALLEGAN COUNTY SHERIFF’S DEPARTMENT**
112 Walnut Street Allegan, MI 49010
**Phone:** 673-0500
**Emergency:** 911
24 hour Central Dispatch: 673-3899
**Hours:** vary
**Website:** www.allegancounty.org
Provides emergency services to neglected or abused children and/or adolescents.

**ALLEGAN GENERAL HOSPITAL**
Psychiatric Unit
551 Linn Street Allegan, MI 49010
Phone: 686-4171 or 686-4170  
Main Hospital: 673-8424  
**Hours**: vary by appointment  
**Website**: [www.aghosp.org](http://www.aghosp.org)  
Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

**NATIONAL SEXUAL ASSAULT HOTLINE**  
1-800-656-HOPE  
Website: [www.rainn.org](http://www.rainn.org)  
Gives Advice and educates those directly or indirectly affected by abuse and neglect.

**CENTER FOR WOMEN IN TRANSITION**  
151 Brady Street Allegan, MI 49010  
**Phone**: (Allegan): (269) 673-2299  
**24 hour crisis line**: (616) 392-1970 or 1-800-848-5991  
411 Butternut Dr  
Holland, MI 49424  
**Phone**: (Holland): (616) 392-2829  
**Hours**: Allegan- M-T-TR-F 9AM-5PM W by appointment,  
**Holland**: M-F 9AM-5PM,  
**Grand Haven**: M-F 9AM-5PM  
**Website**: [www.aplaceforwomen.org](http://www.aplaceforwomen.org)  
The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

**VULNERABLE ADULT HOTLINE**  
**Phone**: 1-800-996-6228  
Provides support and guidance to youth and adults.

**COMMUNITY HEALING CENTER**  
2615 Stadium Drive Kalamazoo, MI 49008  
**Phone**: 343-1651  
**Hours**: M-T 8am-8pm Friday 8am-5pm  
**Website**: [www.communityhealingcenter.org](http://www.communityhealingcenter.org)  
Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

**MICHIGAN STATE POLICE**  
Wayland: (269) 792-2213
NEWMAN, STEPHEN, Ed.D.
Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526
Phone: 673-6862
Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.
Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)
122 E. Chart Street Plainwell, MI 49080
Phone: 685-6363
Hours: (Varies) M-F 9am-9pm or by appointment
Website: None
Provides comprehensive psychological services to children, individuals, families, and groups for a wide variety of concern including, but no limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

SEXUAL ASSAULT PROGRAM (YWCA)
353 E. Michigan Avenue Kalamazoo, MI 49007-3844
Phone: 345-2869
24-hour crisis: 345-3587
Website: www.ywcakalamazoo.org
24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

SEXUALITY

FAMILY PLANNING & WOMEN’S HEALTH OF ALLEGAN COUNTY, INC.
3255 122nd Ave. Suite 200 Allegan, MI 49010
Phone: 686-4560
Website: www.michigan.gov
**Hours**: Morning, afternoon, and evening hours vary, an appointment is necessary. Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

**KALAMAZOO GAY/LESBIAN RESOURCE CENTER**
629 Pioneer Street Kalamazoo, MI 49008
**Youth group/office phone**: 349-4234
**Resource line**: 1-888-377-7271
email: kglrc1@hotmail.com;
Website: www.kglrc.org
A help line to answer questions and provide resource information about homosexuality. The resource line is staffed from 9:00 A.M. to 5:00 P.M. Monday through Friday. Weekly youth support group and lending library available.

**LESBIAN/BISEXUAL/GAY STUDENT SERVICES**
A327 Ellsworth Hall Kalamazoo, MI 49008
**Phone**: 387-2123
**Hours**: vary
**Website**: www.wmich.edu
Western Michigan University Western Michigan University offers services and resources to students on campus and in the community

**PLANNED PARENTHOOD OF SOUTH CENTRAL MI**
4201 W. Michigan Avenue Kalamazoo, MI 49006
**Phone**: 372-1200 or 1-800-559-9093
**Hours**: Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm
PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Free All-Option Pregnancy Counseling. LGBT services are also available.

**SEXUALLY TRANSMITTED DISEASES INCLUDING HIV/AIDS**

**ALLEGAN COUNTY COMMUNITY HEALTH**
3285 122 ND Ave, Allegan, MI 49010
**Phone**: 269 673-0202
**Emergency Line** 1888- 354-0596 (24hr/7days)
**Hours**: M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm
**Website**: www.michigan.gov

**COMMUNITY AIDS RESOURCE AND EDUCATION SERVICES**
Southwest Michigan (C.A.R.E.S.)
629 Pioneer Street Kalamazoo, MI 49008-1801
**Phone:** 1-800-944-2437
**Website:** [www.caresswm.org](http://www.caresswm.org)
Provides education, care, support, emergency financial assistance, transportation, and coordination of services for individuals living with HIV

**FAMILY PLANNING & WOMEN’S HEALTH OF ALLEGAN COUNTY, INC.**
3255 122nd Ave. Suite 200 Allegan, MI 49010
**Phone:** 686-4560
**Website:** [www.michigan.gov](http://www.michigan.gov)
**Hours:** Morning, afternoon, and evening hours vary, an appointment is necessary.
Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

**MICHIGAN AIDS HOTLINE**
AIDS Hotline: **Phone:** 1-800-872-2437
**Hours:** Monday-Friday, 9:00 A.M. – 5:00 P.M. Hispanic Hotline is the same number.
**Website:** [www.aidspartnership.org](http://www.aidspartnership.org)
Ask to speak to someone in Spanish. After 5 o’clock Michigan AIDS Hotline connects to National STD Hotline.

**NATIONAL STD HOTLINE**
**Phone:** 919-361-8488
Provides information about STDs.

**AMERICAN SOCIAL HEALTH ASSOCIATION**
**24-hour phone:** 1-800-227-8922
**Website:** [www.ashastd.org](http://www.ashastd.org)
Get online information about puberty, sexuality, and how to prevent sexually transmitted diseases.

**SUICIDE**

**ALLEGAN COUNTY COMMUNITY HEALTH**
3285 122ND Ave, Allegan, MI 49010
**Phone:** 269 673-0202
**Emergency Line:** 1888- 354-0596 (24hr/7days)
**Hours:** M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm
**Website:** [www.michigan.gov](http://www.michigan.gov)

**ALLEGAN COUNTY SHERIFF’S DEPARTMENT**
112 Walnut Street Allegan, MI 49010
**Phone:** 673-0500
**Emergency:** 911
24 hour Central Dispatch: 673-3899
Hours: vary
Website: www.allegancounty.org
Provides emergency services to neglected or abused children and/or adolescents.

DELANO CLINIC
1722 Shaffer Road Kalamazoo, MI 49048
Phone: 226-5600
24-hour crisis line: 226-8000
Mental health services to children and adolescents who are experiencing severe disruptions in their lives. Individual and family therapy available to provide a wide range of services including treatment of depression and issues centered around suicide. Outpatient, inpatient, and partial hospitalization programs. No county residency requirements.

FIELDSTONE CENTER OF BATTLE CREEK HEALTH SYSTEM
165 N. Washington Street Battle Creek, MI 49016
Phone: 1-800-582-1900
Website: www.bchealth.com
Hours: vary
Behavioral health crisis assessment and inpatient behavioral health services for adults and geriatric patients. Self-referral accepted if over 18 years of age. FEE: Medicaid

FIRST CALL FOR HELP
Housing Resource center
1291 Lincoln Rd Allegan, MI 49010
Phone: 269 686-2100 or 1 866 711 7777
Fax: 269 686 2105
Hours: M-F 9am-4pm
Website: www.accrsinc.com

FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller’s needs and direct the caller to services that fit those needs. This service is free to the caller.
The Allegan County Crisis Response:
Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.
COMMUNITY HEALING CENTER
2615 Stadium Drive Kalamazoo, MI 49008
Phone: 343-1651
Hours: M-T 8am-8pm Friday 8am-5pm
Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

MICHIGAN STATE POLICE
Wayland: (269) 792-2213
S. Haven: (269) 637-2126
Website: www.michigan.gov/msp

PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC
1530 Nichols Road Kalamazoo, MI 49006
Phone: 343-6700
Hours: vary
Website: www.pinerest.org
Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services, adolescent residential services, and inpatient and outpatient services programmed specifically for the client’s individual needs. All ages accepted

SUPPORT GROUPS

CENTER FOR WOMEN IN TRANSITION
151 Brady Street Allegan, MI 49010
Phone: (Allegan): (269) 673-2299
24 hour crisis line: (616) 392-1970 or 1-800-848-5991
411 Butternut Dr
Holland, MI 49424
Phone: (Holland): (616) 392-2829
Hours: Allegan- M-T-TR-F 9AM-5PM W by appointment,
Holland- M-F 9AM-5PM,
Grand Haven- M-F 9AM-5PM
Website: www.aplaceforwomen.org
The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years
of age and older and to the children of victims.

**KALAMAZOO GAY/LESBIAN RESOURCE CENTER**  
629 Pioneer Street Kalamazoo, MI 49008  
**Youth group/office phone:** 349-4234  
**Resource line:** 1-888-377-7271  
email: kglrc1@hotmail.com;  
Website: www.kglrc.org  
A help line to answer questions and provide resource information about homosexuality.  
The resource line is staffed from 9:00 A.M. to 5:00 P.M. Monday through Friday.  
Weekly youth support group and lending library available.

**LESBIAN/BISEXUAL/GAY STUDENT SERVICES**  
A327 Ellsworth Hall Kalamazoo, MI 49008  
**Phone:** 387-2123  
**Hours:** vary  
Website: www.wmich.edu  
Western Michigan University offers services and resources to students on campus and in the community

**WOMENS HEALTH AMERICA**  
PMS Access Line: 1-800-222-4767  
Website: www.womenshealth.com

**SEXUAL ASSAULT PROGRAM (YWCA)**  
353 E. Michigan Avenue Kalamazoo, MI 49007-3844  
**Business:** 345-2869  
**24-hour crisis:** 345-3587  
Website: www.ywckalamazoo.org  
24-hour crisis line. 24-hour supportive services for the victim and his or her family.  
Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

**WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC.**  
530 Linn Street, Suite A Allegan, MI 49010  
**Phone:** 686-8659 or 1-800-796-2676  
**Hours:** 24/7  
Website: www.alleganhospice.com  
Email: wings@acc.org  
Wings of Hope Hospice offer support and education for persons of all ages experiencing loss through death. Our professional bereavement staff serves as a resource to agencies, schools, etc., throughout Allegan County. Hospice grief support services are available to everyone at no charge. Call for more information about ongoing support groups, grief recovery classes, supportive services, and presentations.
Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it’s like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

**YOUTH SERVING AGENCIES**

**ALLEGAN COUNTY YOUTH SERVICES BUREAU**
Allegan County Intermediate 310 Thomas Street Allegan, MI 49010  
School District Phone: 673-0521  
Allegan County Youth Services Bureau Emergency: 911  
Counseling, referral services, legal advice, and a wide range of educational programs for adolescents and the community are available. The Youth Services Bureau also is a resource for educational films and pamphlets on a variety of topics of interest to young people.

**RECOVERY SOURCES MINISTRY**
100 S. Pine St. Suite 110 Zeeland, MI 49464  
Phone: (616)748-6024  
Hours: T-TR 9AM5PM or by appointment  
Website: www.recoverysourceministry.org  
Recovery source ministry is a support group designed to help youth struggling with addiction toward recovery and healing licensed counselor on staff as well.

**YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES**
100 S. pine St. Suite 390 Zeeland, MI 49464  
Phone: (616) 392-1479  
Website: www.ghyfc.org  
Email: info@ghyfc.org  
Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it’s like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

**MICHIGAN STATE UNIVERSITY EXTENSION OFFICE**
MSU Extension ~ Allegan County 3255 122nd AVE, Suite 101 Allegan, MI 49010  
Human Services Building
Phone: 673-0370
Hours: M-F 8am-5pm
Website: www.michigan.gov

Extension is the educational outreach program of Michigan State University. Program areas include: Agriculture & Natural Resources; Children, Youth and Families; Community Development & Rural Revitalization. 4-H Clubs and programs are a part of the services that include:

♦ Camp Kidwell Camping
♦ Career Education
♦ Creating Caring Communities
♦ Dealing with Peer Pressure
♦ Decision Making Skills
♦ Drug Awareness
♦ Drug Free
♦ Family Nutrition Program
♦ Food Safety
♦ Helping Distressed Families
♦ Nutrition Education
♦ Parenting Skills
♦ School Programs
♦ Stress Reduction
Website: www.msue.msu.edu/Allegan

BARNABAS MINISTRIES
139 Riverfront Plaza, Allegan, MI 49010
Phone: 269-686-7103
Email address: kim@barnabasmin.org
Web address: www.barnabasmin.org

Barnabas Ministries offer Faith-based organization serving at-risk youth ages 11 to 18 and their families. Services available are: Youth Mentoring, Family Mediation, Hang Time and Testify SK8.

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FACTS ABOUT THE YOUTH RESOURCE DIRECTORY

The Youth Resource Directory was developed by members of the R.A.P. (Responding to Adolescent Problems) Task Force. This task force is comprised of representatives of various agencies and school counselors serving the Allegan County community. It was formed as a result of a growing concern that there are many adolescents in the community who often find themselves isolated with no idea of whom or where to turn for help. It is hoped that this directory will be of benefit to those students as well as to parents.

RAP Task Force
UPDATE 4/1/2010