

YOUTH RESOURCE DIRECTORY

INTRODUCTION

The teen years can be exciting, fun, confusing, and difficult all at the same time. It is time to discover who you are, what you believe, and the kind of person you want to be. It's also a time when there are a lot of hard choices to make about friendships, sex, alcohol, drugs, and school success or failure. It's important to know that decisions you make now can have long-lasting consequences.

The *Youth Resource Directory* contains the names and phone numbers of people and organizations which can lend a supportive hand to you in Allegan County. No matter what type of problem or concern you may have, there are resources available that can help make your life more interesting and enjoyable. Included in the directory are services and agencies in Allegan County as well as in the surrounding areas, such as Holland, Grand Rapids, and Kalamazoo, to which you may have access.

If you have a question, or are struggling with an issue, reach out! Reaching out to others when you need help is a sign of maturity, not weakness. It would be natural to turn to your family first, or even a caring teacher, school counselor, minister, or a knowledgeable friend. But you can also use the resources included in this directory. There are many people in Allegan County who really enjoy working with teenagers and have special skill in relating to and helping them. Use the Directory to call for information or assistance, and don't be afraid to ask questions or to say what you need. There are plenty of people ready and willing to help.

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ABUSE & NEGLECT

ALLEGAN COUNTY COMMUNITY HEALTH

3285 122ND Ave, Allegan, MI 49010

Phone: 269 673-0202

Emergency Line: 1888- 354-0596 (24hr/7days)

Hours: M-T 8am-7pm, W-TR 8am- 5pm F 8am-1pm

Website: www.michigan.gov

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

ALLEGAN COUNTY CIRCUIT COURT FAMILY DIVISION

113 Chestnut, Allegan, MI 49010

Phone: 269 673-0534

Hours: M-F 8am- 5pm

Website: www.michigan.gov

The court provides legal and referral services for neglected/abused children and Adolescents in Allegan County.

ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES

3255 122nd Ave, Suite 300 Allegan, MI 49010

Phone: 673-7700

Hours: M-F 8-5 (hours vary by worker)

24-hour crisis: 673-2346

Website: www.michigan.gov

Receives complaints of neglect or abuse of children and adolescents in Allegan County, And investigates those complaints. The referring person remains anonymous unless Subpoenaed by the court. 24-hour Child Protective Service crisis line.

SAFE HARBOR CHILDREN'S ADVOCACY CENTER

402 Trowbridge Allegan, MI 49010

Phone: 673-3791

Fax: 686-9481

Hours: 8:30-5:00 Monday-Friday

Website: www.safeharborallegan.org

Email mainmailbox@safeharborallegan.org

Safe Harbor strives to eliminate child abuse and neglect because it is unacceptable.

The Center has four program areas including the Beverly Schroeder Children's Advocacy Center, Counseling for Abused Kids, the Child Safety Prevention Education Program, and the Court Appointed Special Advocate program. All of our services are for youth ages 0 to 17 and are free of charge. Information/education/counseling/intervention and advocacy.

ALLEGAN COUNTY SHERIFF'S DEPARTMENT

112 Walnut Street Allegan, MI 49010

Phone: 673-0500

Emergency: 911

24 hour Central Dispatch: 673-3899

Hours: vary

Website: www.allegancouty.org

Provides emergency services to neglected or abused children and/or adolescents.

ALLEGAN GENERAL HOSPITAL

Psychiatric Unit

551 Linn Street Allegan, MI 49010

Phone: 686-4171 or 686-4170

Main Hospital: 673-8424

Hours: vary by appointment

Website: www.aghosp.org

Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

CENTER FOR WOMEN IN TRANSITION

151 Brady Street Allegan, MI 49010

Phone: (Allegan): (269) 673-2299

24 hour crisis line: (616) 392-1970 or 1-800-848-5991

411 Butternut Dr

Holland, MI 49424

Phone: (Holland): (616) 392-2829

Hours: Allegan- M-T-TR-F 9AM-5PM W by appointment,

Holland- M-F 9AM-5PM,

Grand Haven- M-F 9AM-5PM

Website: www.aplaceforwomen.org

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

DOMESTIC ASSAULT PROGRAM (YWCA)

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

Phone: 385-2869

24-hour crisis: 385-3587

Hours: M-F 830AM -530PM

Crisis shelter open 24/7

Website: www.ywcakalamazoo.org

The Domestic Assault Program offers a support group for domestic assault. We also offer counseling to children over 5 from households where domestic violence is present. We offer a children's center, a mentoring program, and a sexual assault program. Along with our programs, we offer emergency shelter and transitional housing for victims. Our services are offered to both male and female victims.

SEXUAL ASSAULT PROGRAM (YWCA)

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

Phone: 345-2869

24-hour crisis: 345-3587

Website: www.ywcakalamazoo.org

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

DOMESTIC VIOLENCE NATIONAL HOTLINE

24 hrs. 7 days a week

Phone: 1-800-799-7233

Website: www.ndvh.org

The Domestic Violence National Hotline offers Crisis intervention, safety planning, information about domestic violence and referrals to local service providers. Direct connection to domestic violence resources available in the caller's area provided by a Hotline advocate.

COMMUNITY HEALING CENTER

2615 Stadium Drive Kalamazoo, MI 49008

Phone: 343-1651

Hours: M-T 8am-8pm Friday 8am-5pm

Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

NEWMAN, STEPHEN, Ed.D.

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

Phone: 673-6862

Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the

following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PARENT HELPLINE

24 HRS Phone: 1-800-942-4357

Website: www.gryphon.org

For parents or caregivers who feel frazzled and overwhelmed with the responsibilities of parenting, and would like some support. Also available entry for child protective services.

SYLVIA'S PLACE DOMESTIC ASSAULT SHELTER

P. O. Box 13 Allegan, MI 49010

Phone: 673-8700

Hours: vary

Website: www.sylviasplace.com

Safe shelter for abused women and their children found homeless due to domestic violence. Provides food, clothing, and shelter. Facilitates access to community resources. NO FEE.

NATIONAL SEXUAL ASSAULT HOTLINE

1-800-656-HOPE

Website: www.rainn.org

Gives Advice and educates those directly or indirectly affected by abuse and neglect.

PLAINWELL COUSELING CENTER

311 Park St. Plainwell, MI 49080

Phone: 269 685-9401

Hours: Vary by appointment

Website: www.plainwellcounselingcenter.com

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addiction. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients

SUNDANCE CENTER

6181 122ND Ave, Fennville, MI

Phone: 269-226-2400

Fax Number: 269-226-2403

Website: www.sundancecenter.net

Email: ulla@sundancecenter.net

The Sundance Center is a safe place to focus on personal or professional growth through holistic individual counseling or equine assisted learning and psychotherapy. Equine assisted professional workshops include team discovery, employee orientations, pre-employment interviews, and professional skills building workshops.

HOSPITALITY HOUSE

P.O. Box 2411 Holland, MI 49423

Fax: 616-392-1252

Phone: 616-396-1417

Web address: N/A

Provides shelter for women and children.

ALCOHOL & OTHER DRUGS

THE ARK

990 West Kilgore 24-hour Kalamazoo, MI 49008

Phone: 343-8765 or 1-800-873-8336

Hours: open 24 hours every day of the week

Website: www.catholicfamilyservices.org

A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

CATHOLIC FAMILY SERVICES

1819 Gull rd. Kalamazoo, MI 49048

Phone: 381-9800 or Van Buren county 269 621 2910

Hours: M,TR,F 830am-5pm, Tuesdays 830am-7pm, and Wednesdays 830am-900pm. All counseling services by appointment only

Website: www.catholicfamilyservices.org

In partnership with the ARK, Catholic Family Services offers services for homeless runaways and youth in crisis, ark community services, transitional living for youth, pregnancy and parenting services, and mental health counseling for youth and adult.

PATHWAYS, MI

217 Hubbard Street, Allegan, MI 49010

Phone: 673-1896 or 1 866 673 1896

Fax: 269 686 2011

Hours: M-TR 8am-5pm

Website: www.pathwaysmi.org

Provides substance abuse counseling for adolescents and adults, as well as those who are impacted by a family member who has a substance abuse problem. Services include individual, marital, family, and group counseling. Pathways has services and resources for early childhood through the Western Regional Resource Center. Pathways offers a variety of parenting services to strengthen families through education and parenting approaches. Pathways also offers Adoption services. FEE: Varies according to

individual need and ability to pay.

FIRST CALL FOR HELP

Housing Resource center
1291 Lincoln Rd Allegan, MI 49010
Phone: 269 686-2100 or 1 866 711 7777
Fax: 269 686 2105
Hours: M-F 9am-4pm
Website: www.accrsinc.com

FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

The Allegan County Crisis Response:

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

COMMUNITY HEALING CENTER

2615 Stadium Drive Kalamazoo, MI 49008
Phone: 343-1651
Hours: M-T 8am-8pm Friday 8am-5pm
Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

NATIONAL CLEARINGHOUSE FOR ALCOHOL/DRUG INFORMATION

Phone: 1-877 SAMHSA-7 or 1877-767-8432 Espanola
Fax: 240 221 4292
Hours: M-F 8am;8pm
Website: www.ncadi.samhsa.gov

24 hour referral service to area providers of substance abuse services, and free government publications on alcohol and drug use.

NEWMAN, STEPHEN, Ed.D.

Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526
Phone: 673-6862
Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

OTTAGAN ADDICTIONS RECOVERY, INC.

108 Chestnut Street Allegan, MI 49010

Phone: 269 686-9810 Allegan

616 396-5284 Holland

616 842-6710 Grand Haven

Hours: M-F 830am-5pm

Website: www.oar-inc.org

Outpatient counseling is provided for those affected directly or indirectly by chemical dependence in individual or group therapy sessions. Counseling services for family members and friends are available weekly. We also offer Residential substance abuse treatment. Our services are open to those 16 years and older. Male and Female substance abuse are offered separate. FEE: Sliding fee scale for those who qualify.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)

122 E. Chart Street Plainwell, MI 49080

Phone: 685-6363

Hours: (Varies) M-F 9am-9pm or by appointment

Website: None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but n o limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

RECOVERY SOURCES MINISTRY

100 S. Pine St. Suite 110 Zeeland, MI 49464

Phone :616-748-6024

Hours: Tues & Thurs. 9-5 pm

Website: www.recoverysourceministry.org

Recovery source ministry is a support group designed to help youth struggling with addiction toward recovery and healing licensed counselor on staff as well. Call for an appointment,

PLAINWELL COUSELING CENTER

311 Park St. Plainwell, MI 49080

Phone: 269 685-9401

Hours: Vary by appointment

Website: www.plainwellcounselingcenter.com

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery,

education and prevention. There is also onsite licensed Social Workers trained in trauma work and addiction. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients. Support groups for those who survived abuse. Services are offered on a sliding scale fee.

ALCOHOL AND SUPPORT GROUPS

A.A. MEETINGS

Episcopal Church of the Good Shepherd
101 N. Walnut Street Allegan, MI 49010

Phone: 673-2254

Website: N/A

Teens are welcome to all A.A Allegan open meetings scheduled weekly. Call for times.

FIRST CALL FOR HELP

Housing Resource center
1291 Lincoln Rd Allegan, MI 49010

Phone: 269 686-2100 or 1 866 711 7777

Fax: 269 686 2105

Hours: M-F 9am-4pm

Website: www.accrsinc.com

FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

The Allegan County Crisis Response:

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

HOLLAND ALANO CLUB

201 E. 39th Street Holland, MI 49423

Phone: (616) 392-9116

Hours: Vary by meetings

Website: www.hollandaa.com

A.A., Alano Club, AL-A-TEEN meetings are coming soon. Teens can attend any open meetings offered here. Opening meetings are as follows: Saturday at 8pm is the open speakers meeting and Sunday morning at 8am for AA. Sunday at 830 for NA open meetings.

PLAINWELL COUSELING CENTER

319 Park Street

Plainwell, MI 49080

Phone: 269.685.9401

Website: www.plainwellcounselingcenter.com

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients. Support groups for those who survived abuse. Services are offered on a sliding scale fee.

DEATH, GREIF, AND LOSS

WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC.

530 Linn Street, Suite A Allegan, MI 49010

Phone: 686-8659 or 1-800-796-2676

Hours: 24/7

Website: www.alleganhospice.com

Email: wings@acc.org

Wings of Hope Hospice offer support and education for persons of all ages experiencing loss through death. Our professional bereavement staff serves as a resource to agencies, schools, etc., throughout Allegan County. Hospice grief support services are available to everyone at no charge. Call for more information about ongoing support groups, grief recovery classes, supportive services, and presentations.

HOSPICE OF HOLLAND, INC.

270 Hoover Blvd. Holland, MI 49423

Phone: (616) 396-2972

Hours: vary

Website: www.hollandhospice.org

Hospice of Holland provides end-of-life care to the terminally ill and their families through a team of nurses, social workers, home health aides, chaplains, and volunteers. Following the patient's death, Hospice Bereavement Counselors are available to provide grief counseling and support to family members and friends. Hospice Bereavement Services are also available on a limited basis to anyone in the community who has experienced the death of a friend or loved one. Counselors are also available to facilitate support groups, workshops, and seminars related to grief and loss in schools,

DIVORCE

DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST

239 Riverfront Plaza Allegan, MI 49010

Phone: 673-5897

Hours: By appointment

Counseling and psychological services for individuals, and families for a wide variety of concerns, including, but not limited to: depression, suicide, grief/loss, abuse, eating disorders, adjustment problems, divorce, and relationship problems.. Most insurances accepted.

CENTER FOR WOMEN IN TRANSITION

151 Brady Street Allegan, MI 49010

Phone: (Allegan): (269) 673-2299

Or 24 hour crisis line: (616) 392-1970 or 1-800-848-5991

Hours: M,T,TR,F 9am-5pm and Wednesday by appointment only

411 Butternut Dr. Holland, MI 49424

Phone: (Holland): (616) 392-2829

Hours: M-F 9am-5pm

300 North Ferry St. Suite C

Grand Haven,MI 49417

Hours: M-F 9am-5pm

Website: www.aplaceforwomen.org

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

FIRST CALL FOR HELP

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

Phone: 269 686-2100 or 1 866 711 7777

Fax: 269 686 2105

Hours: M-F 9am-4pm

Website: www.accrsinc.com

FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

The Allegan County Crisis Response:

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

NEWMAN, STEPHEN, Ed.D.

Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526

Phone: 673-6862

Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)

122 E. Chart Street Plainwell, MI 49080

Phone: 685-6363

Office Hours (Varies) M-F 9am-9pm or

Hours: By appointment.

Website: None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC

1530 Nichols Road Kalamazoo, MI 49006

Phone: 343-6700

Hours: vary

Website: www.pinerest.org

Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services, adolescent residential services, and inpatient and outpatient services programmed specifically for the client's individual needs. All ages accepted

PINE REST CHRISTIAN MENTAL HEALTH SERVICES

300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165

Phone: (616) 455-9200 or 1-800-678-5500

Hours: vary

Website: www.pinerest.org

The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address divorce adjustment, anger, separation grief, substance use and eating disorders. Professional staff develops treatment programs and provide a continuum of services that focus on the needs of the whole person and promote individual growth.

DESERT STREAMS

995 Miller rd., Plainwell,MI

Phone: 269-685-9798

Hours: Varies by appointment, offer evening and Saturday appointments

Website: www.Desertstreams.org

Desert Streams offers individual counseling, Family counseling Group counseling Psychological assessments ADHD diagnostic testing Neurotherapy Step / Blended Family counseling Divorce and post-divorce counseling for youth and their families.

EATING DISORDERS

FIRST CALL FOR HELP

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

Phone: 269 686-2100 or 1 866 711 7777

Fax: 269 686 2105

Hours: M-F 9am-4pm

Website: www.accrsinc.com

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Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

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FOREST VIEW PSYCHIATRIC HOSPITAL

1055 Medical Park Drive, SE Grand Rapids, MI 49546

Phone: (616) 942-9610 or 1-800-949-8439

Website: www.uhsinc.com

Forest View is a private facility that provides general psychiatric care for adults and adolescents. We also specialize in eating disorders, traumatic abuse, and addictions associated with mental illness. Treatment is offered in outpatient, inpatient and partial (day time only) hospital programs.

NEWMAN, STEPHEN, Ed.D.

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

Phone: 673-6862

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Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship

issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

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122 E. Chart Street Plainwell, MI 49080

Phone: 685-6363

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Hours: By appointment.

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Phone: (616) 455-9200 or 1-800-678-5500

Hours: vary

Website: www.pinerest.org

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Professional staff develops treatment programs and provide a continuum of services that focus on the needs of the whole person and promote individual growth.

EDUCATION

HILLSIDE LEARNING AND BEHAVIOR CENTER

212 Grove Street Allegan, MI 49010

Phone: 673-2167

Hours: M-F 830am-3pm

Website: www.alleganaesa.org

Special education services for mentally, physically, and emotionally impaired students ranging from age 3 to 26. Our services cover Allegan, Martin, Fennville, Otsego, Glenn, Plainwell, Hopkins, and Wayland schools. Students must be referred by your local district for acceptance. Our services for special education include; Autism spectrum program, assistive technology services, an early on program for children 0-3, hearing impaired program, occupational therapy, physical therapy, speech and language therapy, vision and impairment program, and a work study/ transition services.

We have educational services for adults and parents. As well as information on educational services offered in their area. Services are available for home schooled and homeless children and troubled youth. Tutoring services are also provided at our school.

ALLEGAN COUNTY AREA TECHNICAL & EDUCATION CENTER

2891 116th Avenue (M-222) Allegan, MI 49010

Phone: 673-3121

Website: www.alleganaesa.org

High school students and adults can attend classes in:

- Auto Technology
- Building and Grounds Maintenance
- Commercial Arts
- Computer Accounting
- Computer Technology
- Construction Technology
- Diesel & Heavy Equipment Mechanics
- Drafting
- Electro-Mechanical
- Food Management
- Graphic Arts
- Greenhouse, Landscape & Environmental Science
- Health Occupations
- Machine Tool Technology
- Marketing
- Office Technology
- Welding

Also available are counseling, placement services for co-op positions, and a computer

lab. The center is open during normal school hours, as well as evenings for classes. See your school counselor or call the Tech-Ed Center for more information. Students must be enrolled in a local High School prior to admittance into our program. Upon entrance into our program, students will spend half of the day here at the Center and the other half home schooled. Our programs are competency based, hands-on programs which are aligned with the state of Michigan's six career pathways.

ALLEGAN EDUCATIONAL SERVICE AGENCY

310 Thomas Street Allegan, MI 49010

Phone: 673-2161

Hours: M-F 9AM-5PM

Website: www.alleganaesa.org

Personnel at the AESA can provide information and make referrals for youth who have questions and/or problems. People working for the AESA are involved with all local school districts as well as with all agencies in the county that provide human services. Open during normal school hours.

AMERICAN RED CROSS

425 Hubbard Street Allegan, MI 49010

Phone: 673-8640

Website: www.greaterkzooedcross.org

The American Red Cross provides training in Standard First Aid, Infant and Child CPR, Adult CPR, Baby-sitting Training (for youth 10 and older), Basic Aid Training (for youth 5-8), First Aid for children (for youth 9-12), Water Safety Programs, Water Safety Instructors' Training, Lifeguard Training (for youth 17 years and older), and AIDS education.

MICHIGAN STATE UNIVERSITY EXTENSION OFFICE

MSU Extension Allegan County

Human Services Building

3255 122nd Ave, Suite 101 Allegan, MI 49010

Website: www.msue.msu.edu/allegan

Phone: 673-0370

Hours: vary

Extension is the educational outreach program of Michigan State University. Program areas include: Agriculture & Natural Resources; Children, Youth and Families; Community

Development & Rural Revitalization. 4-H Clubs, special interest activities, school programs, and Camp Kidwell are a part of the services.

NEWMAN, STEPHEN, Ed.D.

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ALLEGAN COUNTY MICHIGAN WORKS

2891 116th Ave 888-520-0445 Allegan, MI 49010

Phone: 269-686-5329

Website: www.michworks.org

The Allegan County Michigan Works! Service Center is a service unit of the Allegan Area Educational Service Agency. A variety of services are available for youth (ages 14-21) living in Allegan County. Programs for youth attending high school include credit recovery, skill improvement, and summer work-based learning opportunities. Career Resource Centers (CRC) located in the local high schools focus on career exploration and post-secondary linkages for 11th and 12th graders. Staff provide assistance with resume writing, interviewing skills, job search skills, career exploration software, and job shadowing. For youth who are out-of-school (HS diploma/GED), we have occupational training for one year certificate programs and on-the-job training. Youth who have dropped out of school may receive services for obtaining a HS Diploma or GED, occupational training, and/or locating employment. An information session runs every Monday at 1:00 p.m. at the Michigan Works Service Center.

EMERGENCY ASSISTANCE

ALLEGAN COUNTY COMMUNITY HEALTH

3285 122ND Ave, Allegan, MI 49010

Phone: 269 673-0202

Emergency Line: 1888- 354-0596 (24hr/7days)

Hours: M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm

Website: www.michigan.gov

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

HOUSING RESOURCE CENTER

1291 Lincoln Road Allegan, MI 49010

Phone: 686-2100 or 1-866-711-7777

Website: www.accrsinc.org

24-hour crisis and trauma management services. Many professional interventions available for those experiencing or witnessing an event or situation that overwhelms their ability to cope. ACCRT also acts as a referral resource for available services throughout Allegan County. FEE: No charge.

ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES

3255 122nd Ave, Suite 300 Allegan, MI 49010

Phone: 673-7700

24-hour crisis: 673-2346

Website: www.michigan.gov

Receives complaints of neglect or abuse of children and adolescents in Allegan County, and investigates those complaints. The referring person remains anonymous unless subpoenaed by the court. 24-hour Child Protective Service crisis line.

ALLEGAN COUNTY SHERIFF'S DEPARTMENT

112 Walnut Street Allegan, MI 49010

Phone: 673-0500

Emergency: 911

24 hour Central Dispatch: 673-3899

Provides emergency services to neglected or abused children and/or adolescents.

THE ARK

990 West Kilgore 24-hour Kalamazoo, MI 49008

Phone: 343-8765 or 1-800-873-8336

Hours: open 24 hours every day of the week

Website: www.catholicfamilyservices.org

A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

BABY HOTLINE FOR PREGNANT WOMEN

Maternal support helpline

Phone: 1-800-262-4784

DOMESTIC ASSAULT PROGRAM (YWCA)

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

Phone: 385-2869

24-hour crisis: 385-3587

Hours: M-F 830AM -530PM

Crisis shelter open 24/7

Website: www.ywcakalamazoo.org

The Domestic Assault Program offers a support group for domestic assault. We also offer counseling to children over 5 from households where domestic violence is present. We offer a children's center, a mentoring program, and a sexual assault program. Along with our programs, we offer emergency shelter and transitional housing for victims. Our services are offered to both male and female victims.

VULNERABLE ADULT HOTLINE

Phone: 1-800-996-6228

Provides support and guidance to youth and adults.

FIRST CALL FOR HELP

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

Phone: 269 686-2100 or 1 866 711 7777

Fax: 269 686 2105

Hours: M-F 9am-4pm

Website: www.accrsinc.com

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Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

MICHIGAN STATE POLICE

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

Website: www.michigan.gov/msp

NATIONAL RUNAWAY HOTLINE

Phone: 1-800-RUNAWAY

Website: www.1800runaway.org

A service set up to relay messages between runaways and their families without pointing blame at anyone. Provides help & resources to runaway youth 7 youths in crises as well as the family.

PARENT HELPLINE

24 HRS **Phone:** 1-800-942-4357

Website: www.gryphon.org

REGIONAL POISON INFORMATION CENTER

Phone: 1-800-222-1222

RUNAWAYS RAP LINE

Phone: 1-800-292-4517

This toll-free hotline provides information and assistance to runaways and their families 24 hours a day

SEXUAL ASSAULT PROGRAM (YWCA)

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

Phone: 345-2869

24-hour crisis: 345-3587

Website: www.ywcakalamazoo.org

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

SYLVIA'S PLACE DOMESTIC ASSAULT SHELTER

P. O. Box 13Allegan, MI 49010

Phone: 673-8700

Hours: vary

Website: www.sylviasplace.com

Safe shelter for abused women and their children found homeless due to domestic violence. Provides food, clothing, and shelter. Facilitates access to community resources. NO FEE.

BORGESS PIPP HOSPITAL

411 Naomi Street Plainwell, MI 49080

Phone: 685-6811

Hours: (non emergency M-F 8AM-5PM)

Website: www.borgess.com

Full medical services for pregnant women, including nurse midwifery services. Prenatal education classes offered. Topics include physical and emotional changes during the last trimester of pregnancy, relaxation and breathing techniques during labor, and helping techniques for the "support" person. No wait ER.

TELEPHONE ASSISTANCE

Directory assistance: 1-269-555-1212 or 1-(area code)555-1212

All 800 and 888 numbers are toll free. To make a collect call, dial 0, and then the number you wish to call.

NATIONAL SEXUAL ASSAULT HOTLINE

Website: www.rainn.org

EMPLOYMENT**ALLEGAN COUNTY MICHIGAN WORKS! SERVICE CENTER**

2891 - 116th Avenue Allegan, MI 49010

Phone: 686-5079

Website: www.michworks.org

Toll free: 888-520-0445

You can get assistance in job search; resume writing, career counseling and assessment. Learn about job opportunities and tuition scholarships for training after high

school.

MANPOWER SERVICES

1305 Lincoln Road Allegan, MI 49010

Phone: 673-5457

Website: www.manpower.com

Temporary industrial and office work. Computer training available for word processing, data base, spread sheets, graphics, PCs, and main frame computers.

HANDICAP SERVICES FOR YOUNG PEOPLE

HILLSIDE LEARNING AND BEHAVIOR CENTER

212 Grove Street Allegan, MI 49010

Phone: 673-2167

Hours: M-F 830am-3pm

Website: www.alleganaesa.org

Special education services for mentally, physically, and emotionally impaired students ranging from age 3 to 26. Our services cover Allegan, Martin, Fennville, Otsego, Glenn, Plainwell, Hopkins, and Wayland schools. Students must be referred by your local district for acceptance. Our services for special education include; Autism spectrum program, assistive technology services, an early on program for children 0-3, hearing impaired program, occupational therapy, physical therapy, speech and language therapy, vision and impairment program, and a work study/ transition services.

We have educational services for adults and parents. As well as information on educational services offered in their area. Services are available for home schooled and homeless children and troubled youth. Tutoring services are also provided at our school.

CHILDREN'S SPECIAL HEALTH CARE SERVICES/DSCC

Allegan County Health Department

3255 122nd Ave. Suite 200 Allegan, MI 49010

Phone: 673-5440

1-800-359-3722

Locally based program. Provides assistance for families to pay for treatment, supplies, and equipment for medically eligible persons under the age of 21 years, and for persons over 21 having cystic fibrosis or hemophilia. HOURS: 8:00 A.M.-5:00 P.M. Call for an appointment. When calling the 800 number, ask to speak to an Allegan County Representative

LEARNING DISABILITIES ASSOCIATION OF MICHIGAN

200 Museum Drive, Suite 101 Lansing, MI 48933

Phone: (517) 485-8160

Website: www.ldaofmichigan.org

E-mail: Ldmich@sbcglobal.net

Support groups, newsletters, conferences, and information for families of children with learning disabilities.

**DEPT. OF LABOR AND ECONOMIC GROWTH/ MICHIGAN
REHABILITATION
SERVICES**

121 Clover Ave Holland, MI 49423

Phone: (616) 395-8495 or 1-800-481-7837

Hours: M-F 8am-5pm

Vocational counseling, occupational skill training, and job placement for individuals with disabilities resulting in barriers to employment. Services are free. Call for application.

SOCIAL SECURITY ADMINISTRATION

Phone: 1-800-772-1213

Website: www.socialsecurity.gov

Main offices are in Grand Rapids & Kalamazoo. Social Security Disability (SSD) office handles Social Security Retirement, survivors and disability benefits, Medicare, and Supplemental Security Income (SSI) benefits.

EARLY ON OF ALLEGAN COUNTY

310 Thomas Street Allegan, MI 49010

Fax: 269-673-2361

Phone: 269-673-2161

Email address: mhenry@alleganaesa.org

Website: www.alleganaesa.org

Early On offers services to children and their families 0-3 years old. Services include early intervention for Infants/Toddlers with disabilities or delays.

HEAD START

323 Water Street Allegan, MI 49010

Phone: 269-673-5472

Fax: 269-673-3795

Website: www.acrdc.org

Head Start offers comprehensive preschool program available to income-eligible three and four year olds in Allegan County. Center-based program has several locations across Allegan County. Home-based option includes weekly home visits, parent focused teacher, playgroups and socialization opportunities. Family services support provided to all Head Start families. Children with disabilities are encouraged to apply.

LAW

ALLEGAN COUNTY CIRCUIT COURT FAMILY DIVISION

113 Chestnut, Allegan, MI 49010

Phone: 269 673-0534

Hours: M-F 8am- 5pm

Website: www.michigan.gov

The court provides legal and referral services for neglected/abused children and adolescents in Allegan County.

ALLEGAN COUNTY SHERIFF'S DEPARTMENT

112 Walnut Street Allegan, MI 49010

Phone: 673-0500

Emergency: 911

24 hour Central Dispatch: 673-3899

Hours: vary

Website: www.allegancounty.org

Provides emergency services to neglected or abused children and/or adolescents.

LEGAL AID OF WESTERN MICHIGAN

636 Hastings Ave Holland, MI 49423.

Phone: (248) 569-9658 or 1-888-783-8190

Legal services provide free legal assistance with non-criminal matters to persons financially unable to retain private counsel. Website: www.legalaidwestmich.org

MICHIGAN STATE POLICE

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

Website: www.michigan.gov/msp

MENTAL HEALTH

DR. STEVEN TOWNSEND, LICENSED PSYCHOLOGIST

239 Riverfront Plaza Allegan, MI 49010

Phone: 673-5897

Hours: By appointment

Counseling and psychological services for individuals, families, and groups, for a wide variety of concerns, including, but not limited to: depression, suicide, grief/loss, abuse, eating disorders, adjustment problems, divorce, and relationship problems. HOURS: By appointment. Most insurances accepted.

ALLEGAN COUNTY COMMUNITY HEALTH

3285 122ND Ave, Allegan, MI 49010

Phone: 269 673-0202

Emergency Line 1888- 354-0596 (24hr/7days)

Hours: M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm

Website: www.michigan.gov

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

ALLEGAN GENERAL HOSPITAL

Psychiatric Unit

551 Linn Street Allegan, MI 49010

Phone: 686-4171 or 686-4170

Main Hospital: 673-8424

Website: www.aghosp.org

Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

BETHANY CHRISTIAN SERVICES

12048 James Street Holland, MI 49424

Phone: (616) 396-0623

Toll free: 1-800-BETHANY

Website: www.bethany.org/holland

Hours: M-F 8AM-5PM and counseling M-W 8AM-9PM and Thurs 8AM-5PM

Provides confidential pregnancy counseling and adoption services to pregnant teens. Open adoption plans and placement without foster care available. We also do have a birthparent counselor. Housing for pregnant teens also available. Provides parenting classes for teenage parents. Foster care licensing, support groups, and special needs adoption. Spanish speaking services available. FEE: NO FEE for pregnancy counseling, placement services, housing, or parenting classes. Also a worker will travel to a Client for pregnancy counseling services. CARING NETWORK PROGRAM AND APARTMENTS

CATHOLIC FAMILY SERVICES

1819 Gull rd. Kalamazoo, MI 49048

Phone: 381-9800 or Van Buren county 269 621 2910

Hours: M,TR,F 830am-5pm, Tuesdays 830am-7pm, and Wednesdays 830am-900pm. All counseling services by appointment only

Website: www.catholicfamilyservices.org

In partnership with the ARK, Catholic Family Services offers services for homeless runaways and youth in crisis, ark community services, transitional living for youth, pregnancy and parenting services, and mental health counseling for youth and adult.

PATHWAYS, MI

217 Hubbard Street, Allegan, MI 49010

Phone: 673-1896 or 1 866 673 1896

Fax: 269 686 2011

Hours: M-TR 8am-5pm

Website: www.pathwaysmi.org

Provides substance abuse counseling for adolescents and adults, as well as those who are impacted by a family member who has a substance abuse problem. Services include individual, marital, family, and group counseling. Pathways has services and resources for early childhood through the Western Regional Resource Center. Pathways offers a variety of parenting services to strengthen families through education and parenting approaches. Pathways also offers Adoption services. FEE: Varies according to individual need and ability to pay.

DELANO CLINIC

1722 Shaffer Road Kalamazoo, MI 49048

Phone: 226-5600

24-hour crisis line: 226-8000

Mental health services to children and adolescents who are experiencing severe disruptions in their lives. Individual and family therapy available to provide a wide range of services including treatment of depression and issues centered around suicide. Outpatient, inpatient, and partial hospitalization programs. No county residency requirements.

FIELDSTONE CENTER OF BATTLE CREEK HEALTH SYSTEM

165 N. Washington Street Battle Creek, MI 49016

Phone: 1-800-582-1900

Website: www.bchealth.com

Hours: vary

Behavioral health crisis assessment and inpatient behavioral health services for adults and geriatric patients. Self-referral accepted if over 18 years of age. FEE: Medicaid

FOREST VIEW PSYCHIATRIC HOSPITAL

1055 Medical Park Drive, SE Grand Rapids, MI 49546

Phone: (616) 942-9610 or 1-800-949-8439

Website: www.uhsinc.com

Forest View is a private facility that provides general psychiatric care for adults and adolescents. We also specialize in eating disorders, traumatic abuse, and addictions associated with mental illness. Treatment is offered in outpatient, inpatient and partial (day time only) hospital programs

COMMUNITY HEALING CENTER

2615 Stadium Drive Kalamazoo, MI 49008

Phone: 343-1651

Hours: M-T 8am-8pm Friday 8am-5pm

Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

HOLLAND BEHAVIORAL HEALTH SERVICES

854 S. Washington Suite 330 Holland, MI 49423

Phone: child/adolescent: (616)355-3948

Inpatient treatment at Holland Hospital for those 18 years and older only, and two outpatient clinics.

NEWMAN, STEPHEN, Ed.D.

Allegan Psychological Services

320 Spruce Street Allegan, MI 49010-1526

Phone: 673-6862

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Phone: 685-6363

Hours: (Varies) M-F 9am-9pm or by appointment

Website: None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but n o limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

PINE REST CHRISTIAN MENTAL HEALTH SERVICES

300 68th Street P.O. Box 165 Grand Rapids, MI 49501-0165

Phone: (616) 455-9200 or 1-800-678-5500

Hours: vary

Website: www.pinerest.org

The Child and Adolescent Services of Pine Rest provides mental health services to children, adolescents and adults on both an outpatient and inpatient basis. Pine Rest has programs to meet the needs of all people who are experiencing emotional, psychological, family and social issues. Special programs include the Attention Deficit Disorders Institute, and the Family Institute Testing Center, and special programs to address appointment. Emergency phone coverage. Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC

1530 Nichols Road Kalamazoo, MI 49006

Phone: 343-6700

Hours: vary

Website: www.pinerest.org

Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services,

adolescent residential services, and inpatient and outpatient services programmed specifically for the client's individual needs. All ages accepted

PLAINWELL COUSELING CENTER

311 Park St. Plainwll, MI 49080

Phone: 269 685-9401

Hours: Vary by appointment

Website: www.plainwellcounselingcenter.com

Plainwell Counseling Center provides the community with integrated helping services, including family support, mental health counseling, addiction treatment and recovery, education and prevention. There is also onsite licensed Social Workers trained in trauma work and addition. Plainwell Counseling Center also offers a holistic approach to healing and treatment for clients. Services also include Acupuncture, Reiki, and massage therapy for clients

PHYSICAL HEALTH

ALLEGAN COUNTY HEALTH DEPARTMENT

3255 122nd Ave. Suite 200 Allegan, MI 49010

Phone: 673-5411

Website: www.michigan.gov

Hours: M-F 8am-5pm or by appointment

Provides a variety of health care services, including:

Immunizations: **Phone:** 673-5411

TB (Tuberculosis) testing: **Phone:** 673-5413

Pregnancy & prenatal/postpartum care: **Phone:** 673-5486

STD/AIDS/other communicable diseases: **Phone:** 673-5413

HOLLAND COMMUNITY HOSPITAL

602 Michigan Avenue Holland, MI 49423

Phone: (616) 392-5141

Website: www.hollandhospital.org

Emergency care, hospitalization, support groups, translation services, Hispanic resources. In patient and out patient services provided by skilled specialist.

HOSPICE OF HOLLAND, INC.

270 Hoover Blvd. Holland, MI 49423

Phone: (616) 396-2972

Website: www.hollandhospice.org

Hospice of Holland provides end-of-life care to the terminally ill and their families through a team of nurses, social workers, home health aides, chaplains, and volunteers. Following the patient's death, Hospice Bereavement Counselors are available to provide grief counseling and support to family members and friends. Hospice Bereavement Services are also available on a limited basis to anyone in the community who has experienced the death of a friend or loved one. Counselors are also available to facilitate support groups, workshops, and seminars related to grief and loss in schools,

churches, and other community organizations.

PULLMAN HEALTH CENTER

InterCare Community Health Network
5498 109th Avenue Pullman, MI 49450

Phone: 236-5021

Website: www.intercare.org/pullman.html

Hours: Mon.-Fri., 8:00am.-5:00 pm, with late evening hours available on Mon, Tues, and Thurs.

Provides comprehensive community-oriented primary health care, dental services, a dental van traveling around to schools and agencies, WIC, which is only provided in Otsego, Grand Haven, Sparta, Paw Paw, Dowagiac, and Allendale, well-child checks, flu shots, immunizations, hearing/vision testing, family planning, well-women exams, and behavioral health and outreach programs.

PREGNACY SERVICES

ALLEGAN COUNTY HEALTH DEPARTMENT

3255 122nd Ave. Suite 200 Allegan, MI 49010

Phone: 673-5486

Hours: M-F 8AM 5PM

The Health Department has specific programs designed to serve pregnant adolescents or those who have just given birth. Programs are designed to help individuals requiring

ALLEGAN GENERAL HOSPITAL

551 Linn Street Allegan, MI 49010

Phone: 686-4171 or 686-4170

Main Hospital: 673-8424

Website: www.aghosp.org

Prenatal classes are recommended to mothers in their last trimester of pregnancy. The classes are taught by licensed obstetric nurses and physicians. The participants will be prepared for the experience of childbirth. Pre-registration is required to accommodate each class size

BETHANY CHRISTIAN SERVICES

12048 James Street Holland, MI 49424

Phone: (616) 396-0623

Toll free: 1-800-BETHANY

Website: www.bethany.org/holland

Hours: M-F 8AM-5PM and counseling M-W 8AM-9PM and Thurs 8AM-5PM

Provides confidential pregnancy counseling and adoption services to pregnant teens. Open adoption plans and placement without foster care available. We also do have a birthparent counselor. Housing for pregnant teens also available. Provides parenting classes for teenage parents. Foster care licensing, support groups, and special needs adoption. Spanish speaking services available. FEE: NO FEE for pregnancy counseling, placement services, housing, or parenting classes. Also a worker will travel to a Client for

pregnancy counseling services. CARING NETWORK PROGRAM AND APARTMENTS

BABY HOTLINE FOR PREGNANT WOMEN

Maternal support helpline

Phone: 1-800-262-4784

CARING NETWORK PROGRAM AND APARTMENTS

1441 South Westnedge Crisis Kalamazoo, MI 49008

Pregnancy Line: 381-1234

Website: www.catholicfamilyservice.org

The Caring Network program provides case management services to pregnant women. This program assists women with identifying alternatives to abortion through options counseling and with adoption. The Caring Network serves as a resource for mothers in obtaining consistent prenatal care, material needs, and support group and childbirth preparation classes. The program also assists families with monitoring well-baby checkups and immunizations. The Caring Network Apartments provides transitional housing for single pregnant women with no other children. Teen parent program also available. Mother-Friend volunteers program for pregnant women and new moms, Postpartum and depression services, The warm line service offers a 24 hour 7 days a week emotional support line, and a Read me a story literacy program for parents and children.

PATHWAYS, MI

217 Hubbard Street Phone: 673-1897

Allegan, MI 49010

Provides supportive counseling services and parent training. Parenting classes are in Allegan but appointments are to be made in the Holland office. 1-800-396-0241 to pregnant and parenting teens in the Allegan County area. Referrals may be made directly by phone. Self-referrals are accepted. FEE: None.

Website: www.pathwaysmi.org

LAKESHORE REGIONAL 4C

310 Thomas Street Allegan, MI 49010

Phone: 269-673-2161 x3427

Hours: 8:00 A.M.-4:30 P.M., Monday-Friday

Holland office: 800-396-0241

Website: www.lakeshore4c.org

The Network assists persons requiring child care services. Referrals to registered/ licensed child care providers are available, as well as consultation on child care and child development issues. Information on child day care assistance payment is also provided. Call office or come in.

EARLY EDUCATION SERVICES-ALLEGAN COUNTY AESA

310 Thomas Street Allegan, MI 49010

Phone: 673-6954

Website: www.alleganaesa.org/earlyed

Parenting education in your home, high school completion, and preschool classes for four year old children. All programs are focused on helping you prepare your child for school success. Services are provided in each school district and begin at birth. All services are free and open to all families. Call our office for more information.

FAMILY PLANNING & WOMEN'S HEALTH OF ALLEGAN COUNTY, INC.

3255 122nd Ave. Suite 200 Allegan, MI 49010

Phone: 686-4560

Website: www.michigan.gov

Hours: Morning, afternoon, and evening hours vary, an appointment is necessary.

Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

COMMUNITY HEALING CENTER

2615 Stadium Drive Kalamazoo, MI 49008

Phone: 343-1651

Hours: M-T 8am-8pm Friday 8am-5pm

Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

PARENT HELPLINE AVAILABLE 24 HOURS

Phone: 1-800-942-4357

For parents or caregivers who feel frazzled and overwhelmed with the responsibilities of parenting, and would like some support. Website: www.gryphon.org

LAKESHORE PREGNANCY CENTER OF ALLEGAN COUNTY

114 Chestnut Street, Allegan MI 49010

Phone: 269 686-7111

Hours: Mondays 10:00 A.M. – 7:00 P.M., Tuesdays, Wednesdays, & Thursdays from 10:00 to 4:30 pm

e-mail address: lpcofallegan@i2k.com

Website: www.lakeshorepregnancycenters.com

All of our services are free and confidential. Pregnancy confirmation is available without an appointment. We will help you explore all your options and answer all your questions. Confidential Other services include prenatal & parenting classes, material services help such as maternity clothes, diapers and baby items, and much more.

PLANNED PARENTHOOD OF SOUTH CENTRAL MI

4201 W. Michigan Avenue Kalamazoo, MI 49006

Phone: 372-1200 or 1-800-559-9093

Hours: Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday

Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm

Websites: www.ppscm.org, www.plannedparenthood.org, and www.teenwire.com

PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Getting your birth control without a pelvic exam. Free All-Option Pregnancy Counseling. LGBT services are also available.

BORGESS-PIPP HOSPITAL

411 Naomi Street Plainwell, MI 49080

Phone: 685-6811

Hours: (non emergency M-F 8AM-5PM)

Website: www.borgess.com

Full medical services for pregnant women, including nurse midwifery services. Prenatal education classes offered. Topics include physical and emotional changes during the last trimester of pregnancy, relaxation and breathing techniques during labor, and helping techniques for the “support” person. No wait ER.

YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES

100 S. pine St. Suite 390 Zeeland, MI 49464

Phone: (616) 392-1479

Website: www.ghyfc.org

Email: info@ghyfc.org

Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it's like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

PREMARITAL COUNSELING

PLANNED PARENTHOOD OF SOUTH CENTRAL MI

4201 W. Michigan Avenue Kalamazoo, MI 49006

Phone: 372-1200 or 1-800-559-9093

Hours: Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm

Websites: www.ppscm.org, www.plannedparenthood.org, www.teenwire.com

PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Free All-Option Pregnancy Counseling. LGBT services are also available.

RUNNING AWAY

ALLEGAN COUNTY YOUTH SERVICES BUREAU

Allegan County Intermediate School District

Phone: 673-0521

Allegan County Youth Services Bureau

310 Thomas Street

Allegan, MI 49010

Provides support and assistance to young people in trouble.

THE ARK

990 West Kilgore 24-hours Kalamazoo, MI 49008

Phone: 343-8765 or 1-800-873-8336

Hours: open 24 hours

Website: www.catholicfamilyservices.org

A 24-hour phone line and emergency shelter for runaways and homeless youth 10-17 years of age. A place where you can be safe, talk things out, and decide what to do next. Services: Community education, referral, counseling, health screening, and substance abuse education. NO FEE. Voluntary placement

THE BRIDGE OF ARBOR CIRCLE

1115 Ball Avenue. NE 24-hour Grand Rapids, MI 49505

Phone: (616)-451-3001 or 1-877-275-7792

Website: www.arborcircle.org

The Bridge provides 24 hour crisis counseling for teens and families, emergency shelter for teens (ages 10 through 17), education, and other referrals as needed. NO FEE.

FIRST CALL FOR HELP

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

Phone: 269 686-2100 or 1 866 711 7777

Fax: 269 686 2105

Hours: M-F 9am-4pm

Website: www.accrsinc.com

FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

The Allegan County Crisis Response:

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility

assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

NATIONAL RUNAWAY HOTLINE

Phone: 1-800-RUNAWAY

Website: www.1800runaway.org

RUNAWAYS RAP LINE

Phone: 1-800-292-4517

This toll-free hotline provides information and assistance to runaways and their families 24 hours a day

RAPE AND SEXUAL ASSULT

ALLEGAN COUNTY COMMUNITY HEALTH

3285 122ND Ave, Allegan, MI 49010

Phone: 269 673-0202

Emergency Line: 1888- 354-0596 (24hr/7days)

Hours: M-T 8am-7pm, W-TR 8am- 5pm F 8am-1pm

Website: www.michigan.gov

Mental Health provides counseling services for physical, emotional, and sexual abuse. Infant and Respite services also available through mental health.

ALLEGAN COUNTY DEPARTMENT OF HUMAN SERVICES

3255 122nd Ave, Suite 300 Allegan, MI 49010

Phone: 673-7700

Hours: M-F 8-5 (hours vary by worker)

24-hour crisis: 673-2346

Website: www.michigan.gov

Receives complaints of neglect or abuse of children and adolescents in Allegan County, And investigates those complaints. The referring person remains anonymous unless Subpoenaed by the court. 24-hour Child Protective Service crisis line.

ALLEGAN COUNTY SHERIFF'S DEPARTMENT

112 Walnut Street Allegan, MI 49010

Phone: 673-0500

Emergency: 911

24 hour Central Dispatch: 673-3899

Hours: vary

Website: www.allegancouty.org

Provides emergency services to neglected or abused children and/or adolescents.

ALLEGAN GENERAL HOSPITAL

Psychiatric Unit

551 Linn Street Allegan, MI 49010

Phone: 686-4171 or 686-4170

Main Hospital: 673-8424

Hours: vary by appointment

Website: www.aghosp.org

Services are provided as outpatient services only to those 6 years of age and older for Alcoholism, ADHA, Anger counseling, Anxiety disorders, Bipolar, Depression, eating disorders, Schizophrenia, and stress disorders.

NATIONAL SEXUAL ASSAULT HOTLINE

1-800-656-HOPE

Website: www.rainn.org

Gives Advice and educates those directly or indirectly affected by abuse and neglect.

CENTER FOR WOMEN IN TRANSITION

151 Brady Street Allegan, MI 49010

Phone: (Allegan): (269) 673-2299

24 hour crisis line: (616) 392-1970 or 1-800-848-5991

411 Butternut Dr

Holland, MI 49424

Phone: (Holland): (616) 392-2829

Hours: Allegan- M-T-TR-F 9AM-5PM W by appointment,

Holland- M-F 9AM-5PM,

Grand Haven- M-F 9AM-5PM

Website: www.aplaceforwomen.org

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years of age and older and to the children of victims.

VULNERABLE ADULT HOTLINE

Phone: 1-800-996-6228

Provides support and guidance to youth and adults.

COMMUNITY HEALING CENTER

2615 Stadium Drive Kalamazoo, MI 49008

Phone: 343-1651

Hours: M-T 8am-8pm Friday 8am-5pm

Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

MICHIGAN STATE POLICE

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

Website: www.michigan.gov/msp

NEWMAN, STEPHEN, Ed.D.

Allegan Psychological Services
320 Spruce Street Allegan, MI 49010-1526

Phone: 673-6862

Hours: 8:00 A.M.-5:00 P.M. Evening hours available by appointment. Emergency phone coverage.

Provides psychological services to children, adolescents, and adults; specializing in the following: psychometric assessment, identification of learning difficulties, Attention Deficit Hyperactivity Disorders, weight control, depression, anxiety, marital and relationship issues, alcohol and substance abuse difficulties. Over thirty years of professional experience and over twenty years of private practice experience. Dr. Newman is a Licensed Psychologist and a Certified Marriage Counselor with a Specialty Degree in Alcohol and Drug Addiction.

PATHWAYS PSYCHOLOGICAL ASSOCIATES (PPA)

122 E. Chart Street Plainwell, MI 49080

Phone: 685-6363

Hours: (Varies) M-F 9am-9pm or by appointment

Website: None

Provides comprehensive psychological services to children individuals, families, and groups for a wide variety of concern including, but not limited to: chemical dependency, alcoholism, and smoking. 24 hour answering service available. FEE: Varies

SEXUAL ASSAULT PROGRAM (YWCA)

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

Phone: 345-2869

24-hour crisis: 345-3587

Website: www.ywcakalamazoo.org

24-hour crisis line. 24-hour supportive services for the victim and his or her family. Crisis intervention counseling. Rape survivors support group. Community education and prevention programming. Sensitive care for rape and sexual abuse victims, and training for volunteers. NO FEE.

SEXUALITY

FAMILY PLANNING & WOMEN'S HEALTH OF ALLEGAN COUNTY, INC.

3255 122nd Ave. Suite 200 Allegan, MI 49010

Phone: 686-4560

Website: www.michigan.gov

Hours: Morning, afternoon, and evening hours vary, an appointment is necessary. Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

KALAMAZOO GAY/LESBIAN RESOURCE CENTER

629 Pioneer Street Kalamazoo, MI 49008

Youth group/office phone: 349-4234

Resource line: 1-888-377-7271

email: kglrc1@hotmail.com;

Website: www.kglrc.org

A help line to answer questions and provide resource information about homosexuality. The resource line is staffed from 9:00 A.M. to 5:00 P.M. Monday through Friday. Weekly youth support group and lending library available.

LESBIAN/BISEXUAL/GAY STUDENT SERVICES

A327 Ellsworth Hall Kalamazoo, MI 49008

Phone: 387-2123

Hours: vary

Website: www.wmich.edu

Western Michigan University Western Michigan University offers services and resources to students on campus and in the community

PLANNED PARENTHOOD OF SOUTH CENTRAL MI

4201 W. Michigan Avenue Kalamazoo, MI 49006

Phone: 372-1200 or 1-800-559-9093

Hours: Mon, Wed, Fri., 8:00 A.M.-5:00 P.M. Tuesday 12 P.M. to 7 P.M., Thursday 8 A.M to 7 P.M., and Saturday 10 A.M. to 2 P.M. Walk-in hours are Monday and Friday Noon to 3:30 P.M. and Thursday 8 A.M. to 7 P.M. Tuesday noon to 7:00pm

Websites: www.ppscm.org, www.plannedparenthood.org, and www.teenwire.com

PPSCM offers a wide range of sexual health care services including contraception plans, emergency contraception, annual exams by a female clinician, free pregnancy test, STI and STD testing, HIV testing, H.O.P.E. (Hormonal contraception with Optional Pelvic Exam). Free All-Option Pregnancy Counseling. LGBT services are also available.

SEXUALLY TRANSMITTED DISEASES
INCLUDING HIV/AIDS

ALLEGAN COUNTY COMMUNITY HEALTH

3285 122ND Ave, Allegan, MI 49010

Phone: 269 673-0202

Emergency Line 1888- 354-0596 (24hr/7days)

Hours: M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm

Website: www.michigan.gov

COMMUNITY AIDS RESOURCE AND EDUCATION SERVICES

Southwest Michigan (C.A.R.E.S.)
629 Pioneer Street Kalamazoo, MI 49008-1801
Phone: 1-800-944-2437

Website: www.caresswm.org
Provides education, care, support, emergency financial assistance, transportation, and coordination of services for individuals living with HIV

FAMILY PLANNING & WOMEN'S HEALTH OF ALLEGAN COUNTY, INC.
3255 122nd Ave. Suite 200 Allegan, MI 49010

Phone: 686-4560
Website: www.michigan.gov
Hours: Morning, afternoon, and evening hours vary, an appointment is necessary. Family Planning offers a wide range of reproductive health care services for men and women of all ages, and is confidential. A sliding fee scale is used, and no one can be denied services for inability to pay.

MICHIGAN AIDS HOTLINE

AIDS Hotline: **Phone:** 1-800-872-2437
Hours: Monday-Friday, 9:00 A.M. – 5:00 P.M. Hispanic Hotline is the same number.
Website: www.aidspartnership.org
Ask to speak to someone in Spanish. After 5 o'clock Michigan AIDS Hotline connects to National STD Hotline.

NATIONAL STD HOTLINE

Phone: 919-361-8488
Provides information about STDs.

AMERICAN SOCIAL HEALTH ASSOCIATION

24-hour phone: 1-800-227-8922
Website: www.ashastd.org
Get online information about puberty, sexuality, and how to prevent sexually transmitted diseases.

SUCIDE

ALLEGAN COUNTY COMMUNITY HEALTH

3285 122ND Ave, Allegan, MI 49010
Phone: 269 673-0202
Emergency Line: 1888- 354-0596 (24hr/7days)
Hours: M,T 8am-7pm, W,TR 8am- 5pm F 8am-1pm
Website: www.michigan.gov

ALLEGAN COUNTY SHERIFF'S DEPARTMENT

112 Walnut Street Allegan, MI 49010
Phone: 673-0500
Emergency: 911

24 hour Central Dispatch: 673-3899

Hours: vary

Website: www.allegancounty.org

Provides emergency services to neglected or abused children and/or adolescents.

DELANO CLINIC

1722 Shaffer Road Kalamazoo, MI 49048

Phone: 226-5600

24-hour crisis line: 226-8000

Mental health services to children and adolescents who are experiencing severe disruptions in their lives. Individual and family therapy available to provide a wide range of services including treatment of depression and issues centered around suicide. Outpatient, inpatient, and partial hospitalization programs. No county residency requirements.

FIELDSTONE CENTER OF BATTLE CREEK HEALTH SYSTEM

165 N. Washington Street Battle Creek, MI 49016

Phone: 1-800-582-1900

Website: www.bchealth.com

Hours: vary

Behavioral health crisis assessment and inpatient behavioral health services for adults and geriatric patients. Self-referral accepted if over 18 years of age. FEE: Medicaid

FIRST CALL FOR HELP

Housing Resource center

1291 Lincoln Rd Allegan, MI 49010

Phone: 269 686-2100 or 1 866 711 7777

Fax: 269 686 2105

Hours: M-F 9am-4pm

Website: www.accrsinc.com

FIRST CALL FOR HELP is where you call to reach a Call Specialist who will assess the caller's needs and direct the caller to services that fit those needs. This service is free to the caller.

The Allegan County Crisis Response:

Providing help with information and Referral, responding to Crisis and Trauma, linking people in need to services, housing the homeless, mentoring to help rebuild lives, working for solutions to human needs across Allegan County, supporting our communities, caring and making a difference, and community collaboration.

Call ACCRS to receive information and referrals for many services including food, clothing, shelter, counseling, education and prevention programs, mentoring, utility assistance, substance abuse services, support groups, job assistance, senior citizen programs, transportation, health and respite care, and more. Whatever your need ACCRS is the point of entry to know where to go and where to call for Allegan services.

COMMUNITY HEALING CENTER

2615 Stadium Drive Kalamazoo, MI 49008

Phone: 343-1651

Hours: M-T 8am-8pm Friday 8am-5pm

Website: www.communityhealingcenter.org

Individual, family, and group counseling for sexual abuse. Services provided for youth through age 18 or still in high school. FEE: Kalamazoo County residents have a sliding FEE scale and insurance; Out-of-county residents - insurance and private pay.

MICHIGAN STATE POLICE

Wayland: (269) 792-2213

S. Haven: (269) 637-2126

Website: www.michigan.gov/msp

PINE REST CHRISTIAN MENTAL HEALTH SERVICES--KALAMAZOO CLINIC

1530 Nichols Road Kalamazoo, MI 49006

Phone: 343-6700

Hours: vary

Website: www.pinerest.org

Patients can receive behavioral health care through Pine Rest's many services. Depending on the severity of the needs, Pine Rest offers inpatient hospitalization, partial hospitalization, outpatient counseling through our clinic network, residential services, home health care, and Individual, couples, marital, family, and group therapy, substance treatment, and psychiatry services. Programs for youth include: addiction services, adolescent residential services, and inpatient and outpatient services programmed specifically for the client's individual needs. All ages accepted

SUPPORT GROUPS

CENTER FOR WOMEN IN TRANSITION

151 Brady Street Allegan, MI 49010

Phone: (Allegan): (269) 673-2299

24 hour crisis line: (616) 392-1970 or 1-800-848-5991

411 Butternut Dr

Holland, MI 49424

Phone: (Holland): (616) 392-2829

Hours: Allegan- M-T-TR-F 9AM-5PM W by appointment,

Holland- M-F 9AM-5PM,

Grand Haven- M-F 9AM-5PM

Website: www.aplaceforwomen.org

The Center provides a 24 hour crisis line for victims of domestic violence and sexual assault. The Center provides emergency shelter in Holland for victims and their children. Case management/referral/advocacy services are available to both victims who do seek shelter and to those who do not. Services are offered to victims 13 years

of age and older and to the children of victims.

KALAMAZOO GAY/LESBIAN RESOURCE CENTER

629 Pioneer Street Kalamazoo, MI 49008

Youth group/office phone: 349-4234

Resource line: 1-888-377-7271

email: kglrc1@hotmail.com;

Website: www.kglrc.org

A help line to answer questions and provide resource information about homosexuality.

The resource line is staffed from 9:00 A.M. to 5:00 P.M. Monday through Friday.

Weekly youth support group and lending library available.

LESBIAN/BISEXUAL/GAY STUDENT SERVICES

A327 Ellsworth Hall Kalamazoo, MI 49008

Phone: 387-2123

Hours: vary

Website: www.wmich.edu

Western Michigan University offers services and resources to students on campus and in the community

WOMENS HEALTH AMERICA

PMS Access Line: 1-800-222-4767

Website: www.womenshealth.com

SEXUAL ASSAULT PROGRAM (YWCA)

353 E. Michigan Avenue Kalamazoo, MI 49007-3844

Business: 345-2869

24-hour crisis: 345-3587

Website: www.ywcakalamazoo.org

24-hour crisis line. 24-hour supportive services for the victim and his or her family.

Crisis intervention counseling. Rape survivors support group. Community education

and prevention programming. Sensitive care for rape and sexual abuse victims, and

training for volunteers. NO FEE.

WINGS OF HOPE HOSPICE AND PALLIATIVE CARE, INC.

530 Linn Street, Suite A Allegan, MI 49010

Phone: 686-8659 or 1-800-796-2676

Hours: 24/7

Website: www.alleganhospice.com

Email: wings@acc.org

Wings of Hope Hospice offer support and education for persons of all ages experiencing

loss through death. Our professional bereavement staff serves as a resource to

agencies, schools, etc., throughout Allegan County. Hospice grief support services are

available to everyone at no charge. Call for more information about ongoing support

groups, grief recovery classes, supportive services, and presentations.

YOUTH FOR CHRIST OF OTTAWA AND ALLEGAN COUNTIES

100 S. pine St. Suite 390 Zeeland, MI 49464

Phone: (616) 392-1479

Website: www.ghyfc.org

Email: info@ghyfc.org

Pregnant and parenting women, age's 12-19 support group meets every Tuesday from 6:30-8:00p.m. at Maplewood Church 133 E 34th Street, Holland. Transportation may be available and child care is provided during the meetings. Meet with other teens who know exactly what it's like to be a teenager and a mommy for support, encouragement, food, fun, crafts, life skills, relational and parenting discussions, special speakers, and special events. Fee: None. Office hours: Monday-Friday, 9:00 a.m.-3:00 p.m.

YOUTH SERVING AGENCIES

ALLEGAN COUNTY YOUTH SERVICES BUREAU

Allegan County Intermediate 310 Thomas Street Allegan, MI 49010

School District Phone: 673-0521

Allegan County Youth Services Bureau **Emergency:** 911

Counseling, referral services, legal advice, and a wide range of educational programs for adolescents and the community are available. The Youth Services Bureau also is a resource for educational films and pamphlets on a variety of topics of interest to young people.

RECOVERY SOURCES MINISTRY

100 S. Pine St. Suite 110 Zeeland, MI 49464

Phone:(616)748-6024

Hours: T-TR 9AM5PM or by appointment

Website: www.recoverysourceministry.org

Recovery source ministry is a support group designed to help youth struggling with addiction toward recovery and healing licensed counselor on staff as well.

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MICHIGAN STATE UNIVERSITY EXTENSION OFFICE

MSU Extension ~ Allegan County 3255 122nd AVE, Suite 101 Allegan, MI 49010

Human Services Building

Phone: 673-0370

Hours: M-F 8am-5pm

Website: www.michigan.gov

Extension is the educational outreach program of Michigan State University. Program areas include: Agriculture & Natural Resources; Children, Youth and Families; Community

Development & Rural Revitalization. 4-H Clubs and programs are a part of the services that include:

- ◆ Camp Kidwell Camping
- ◆ Career Education
- ◆ Creating Caring Communities
- ◆ Dealing with Peer Pressure
- ◆ Decision Making Skills
- ◆ Drug Awareness
- ◆ Drug Free
- ◆ Family Nutrition Program
- ◆ Food Safety
- ◆ Helping Distressed Families
- ◆ Nutrition Education
- ◆ Parenting Skills
- ◆ School Programs
- ◆ Stress Reduction

Website: www.msue.msu.edu/Allegan

BARNABAS MINISTRIES

139 Riverfront Plaza, Allegan, MI 49010

Phone: 269-686-7103

Email address: kim@barnabasmin.org

Web address: www.barnabasmin.org

Barnabas Ministries offer Faith-based organization serving at-risk youth ages 11 to 18 and their families. Services available are: Youth Mentoring, Family Mediation, Hang Time and Testify SK8.

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FACTS ABOUT THE YOUTH RESOURCE DIRECTORY

The *Youth Resource Directory* was developed by members of the R.A.P. (Responding to Adolescent Problems) Task Force. This task force is comprised of representatives of various agencies and school counselors serving the Allegan County community. It was formed as a result of a growing concern that there are many adolescents in the community who often find themselves isolated with no idea of whom or where to turn for help. It is hoped that this directory will be of benefit to those students as well as to parents.

RAP Task Force
UPDATE 4/1/2010