COVID-19 Update
July 27, 2020
Road Map to COVID-19 Mitigation Strategy

Community Vaccination and/or Herd Immunity (70-80% of population has sufficient immunities) is Obtained.

Evaluate whether protective measures (non-pharmaceutical interventions) can be lifted.

Best Practices for Organizations
- Social Distancing, Environmental, Administrative Controls, Case and Contract Tracing

Sufficient Health Care Capacity
- Ensure hospitals have resources to treat those with COVID-19 and non COVID-19 health care needs

Robust Case Investigation and Contact Tracing
- Foundation to containment of the virus until a vaccine is available. Case Investigation started immediately and all contacts are attempted to be contacted and put on quarantine within 24 hrs.

Enhanced Ability to Test
- Testing congregate care (jails, nursing homes, etc.), community wide testing, and testing of communities of vulnerabilities, businesses (all dependent on supply availability.

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Infection rate

MICHIGAN

On average, each person in Michigan with COVID is infecting 1.11 other people. As such, the total number of active cases in Michigan is growing at an unsustainable rate. If this trend continues, the hospital system may become overloaded. Caution is warranted.

Last updated 7/25/2020. Each data point is a 14-day weighted average. We present the most recent seven days of data as a dashed line, as data is often revised by states several days after reporting. Learn more about our methodology and our data sources.
Note: As the country continues to learn more about COVID-19, this data will be updated and modified. What is important to note here is the Infection Growth rate is still above 1.0, therefore the spread is continuing.

More information on Projections and Modeling: https://blog.covidactnow.org/inference-projections-for-states/
MI Safe Start Map, Allegan County

- https://mistartmap.info/
- Compares counties, MERC regions on a population level (per million)
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Public Health Capacity

Allegan County Daily Tests Per Million Over Time

Click and drag in the plot area to zoom in
Cases by Sex

Female: 46%
Male: 54%

Cases by Age

- 0-19: 61 cases
- 20-29: 101 cases
- 30-39: 71 cases
- 40-49: 85 cases
- 50-59: 64 cases
- 60-69: 39 cases
- 70-79: 22 cases
- 80+: 11 cases

Data as of 7/24/2020 at 2:00pm. Source: Michigan Disease Surveillance System
Cases by Race

- American Indian or Alaskan Native: 1%
- Asian: 1%
- Black or African American: 2%
- Caucasian: 12%
- Other Race: 11%
- Unknown: 73%

Cases by Ethnicity

- Hispanic or Latino: 36%
- Not Hispanic or Latino: 13%
- Unknown: 51%

Data as of 7/24/2020 at 2:00pm. Source: Michigan Disease Surveillance System
<table>
<thead>
<tr>
<th>Strategies</th>
<th>May 15- May 22</th>
<th>May 23- June 15</th>
<th>June 16- July 16</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Congregate Care - Jail, Youth Home, and Long Term Care Facilities (LTCF)</td>
<td>Met with Jail and LTCF leadership to discuss baseline testing</td>
<td>Jail and LTCF in collaboration with National Guard (NG) and ACHD will do baseline testing if supplies are received from NG</td>
<td>Consider routine testing of asymptomatic staff/residents/inmates if supplies are available</td>
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<tr>
<td>2. Congregate Care- Adult Foster Care (ADF) and Migrant Camps (Intercare)</td>
<td>Surveyed all ADF on needs for PPE and testing.</td>
<td>Contact ADF and Migrant Camps with collaboration of Intercare/MSU to discuss baseline testing</td>
<td>Consider Baseline testing and routine testing of staff at minimum and partner to conduct the voluntary testing</td>
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<tr>
<td>3. Community Based Drive thru Testing sites with other partners</td>
<td>Testing with Intercare Started for Drive thru testing. Public Health will screen and provide physician order as needed</td>
<td>Market the Tuesday/Thursday site to ensure appointments are filled. Work with Intercare if testing rates remain low to consider asymptomatic. Consider all partners.</td>
<td>Continue to ensure all appointments are filled and see if there is any ability to expand testing</td>
</tr>
<tr>
<td>4. Community Based using Points of Distribution (PoD Sites with current Strategic National Stockpile (SNS) Plan)</td>
<td>Reviewed POD sites and did revisions, discussed with facilities and are open to PODS being used as drive thru testing sites</td>
<td>Update any outstanding agreements with POD sites, determine resources needed and secure resources</td>
<td>If supplies and staff are available Develop a testing schedule similar to what was done with H1N1</td>
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</tbody>
</table>

**July 16-August 16**

- Continue routine testing of staff to ensure any asymptomatic are caught early and contacts are put on quarantine until a vaccine or herd immunity is obtained
- Continue routine testing of staff to ensure any asymptomatic are caught early and contacts are put on quarantine until a vaccine or herd immunity is obtained
- Continue to do testing per rotating schedule until vaccination and/or herd immunity is acquired

**Creating Vaccination Plan in alignment with MDHHS for fall**

**Flu Vaccination Campaign to help with hospital capacity**
COVID-19 TESTING

DRIVE-THRU AND COMMUNITY OUTREACH INFORMATION

InterCare proudly provides barrier-free testing in four counties throughout Southwest Michigan.

ALLEGAN COUNTY

PULLMAN
5498 109th AVENUE
TUES. & THURS.
1:00PM – 4:00PM

OTTAWA COUNTY

HOLLAND
285 JAMES STREET
TUES. & THURS.
10:00AM – 2:00PM

BERRIEN COUNTY

BENTON HARBOR
800 M-139
MON. – FRI.
9:00AM – 4:00PM

VAN BUREN COUNTY

BANGOR
308 CHARLES STREET
MON. & WED.
1:00PM – 4:00PM

- You do not have to be an InterCare patient.
- You do not have to bring a lab order.
- No fees will be collected for any COVID-19 related service provided.

InterCare is also currently scheduling community testing events, sample cohorts listed below:

- Agricultural Camps, Apartment Complexes, Senior Living and Other Congregate Living Facilities
- Local Employers
- General Community Testing Events

For more information about scheduling an event, please contact Ryan Grinnell Director of Operations by e-mail at rgrinnell@intercare.org.

(855) 869-6900
Upcoming Testing Events on Thursdays from 9:00am to 12:00pm in the following areas:

- **July 30th**: Otsego Middle School; 540 Washington St., Otsego 49078
- **August 6th**: Allegan High School; 1560 Lincoln Rd, Allegan 49010

Individuals in need of transportation can call Allegan County Transportation (ACT) at (269) 673-4229 before 12:00pm the day before the desired event. There is no charge for transportation related to these testing events.
Need Additional Testing Locations

- www.Michigan.gov/coronavirustest

Don't Bring COVID-19 Home. Get Tested Today At No Cost.

Are you or is someone close to you sick or has symptoms? Do you work outside the home? You should get tested for coronavirus. There are many locations where you can get tested at no charge to you.

Call the COVID-19 Hotline at 888-535-6136, press 1.

FIND A TEST SITE
Return to School Toolkit

▸ Will be posted on our COVID-19 page by end of day today.

▸ Also resources will be posted in our “Schools” Resource list on our COVID-19 Webpage.

▸ We will continue to update this information… wanted to get something out to you all, but there are still some materials in the finalization process!
Food Safety, migrant labor housing, pesticides, animal and plant health, gas station complaints:

▸ File a Complaint with MDARD.

▸ NOTE- they are redirecting COVID-19 related complaints to MIOSHA or the AG’s office.

▸ **Employees** with a COVID-19/Executive Order complaint about an employer
  ▶ Select the “Workplace safety for employees” dropdown.

▸ **Consumers** with a complaint about a food establishment related to COVID-19 or requirements of the Executive Orders:
  ▶ Select “Violations of Executive Orders” dropdown.
Restaurant Complaints

- Allegan County Health Department has authority on licensed food establishments within the county.
- If there is a violation of any executive order restaurants should be following, please submit an inquiry form.
EMPLOYERS: Understanding COVID-19 Transmission and Close Contacts

One of your employees was diagnosed as a confirmed or probable COVID-19 case. What should you do?

1. Contact the Local Health Department based on the employee's residence and additionally based on the location of any exposed workplace facilities. Sometimes there are delays in lab results or surveillance.

Confirmed or Probable COVID-19 Case

Identify close contacts

1. Look at operations flow and determine close contacts of the confirmed or probable case.
   a. A close contact is considered someone closer than 6 feet together for 15 or more minutes within 48 hours PRIOR to positive case's symptom onset or a positive test result.

What should close contacts do?

2. Close contacts should quarantine for 14 days and monitor symptoms daily.
   1. Some individuals may want to get tested right away for various reasons. Public Health recommends to wait until the viral load increases, which is estimated to be 5 days post exposure.
   2. If symptoms develop, they should get tested immediately.
   3. Close contacts can return to work once quarantine period is complete.

For more information, please contact your Local Public Health Department: https://www.majp.org/resourcev/directory

Frequently Asked Questions

I was around a close contact of a confirmed case. Should I get tested right now?

If you pick up a virus, such as COVID-19, it takes about 3-5 days for the viral load to be high enough to be positive on a diagnostic test. In this case, only test if you develop symptoms.

Contacts of a close contact: Individuals who have been around identified close contacts of a confirmed/probable case prior to the close contact being quarantined.

What to do
- Go about life as usual
- Practice mindful distancing from others
- Wear a face mask
- Clean and disinfect highly touched surfaces
- Practice frequent handwashing
- Self-check for symptoms

When your situation would change
- If the close contact tests positive and you had close contact closer than 6ft together for 15 minutes or more minutes within 48 hours (2 days) PRIOR to their positive test, you should quarantine.
- If the close contact begins to develop symptoms and you've had close contact with the individual within the last 48 hours, you should quarantine.

When is the right time to get tested?

COVID-19 is a novel virus. We are still learning many issues around this virus. As Michigan has expanded testing capacity, anyone can get tested for coronavirus. However, if you are concerned about a potential risk of exposure, it's important to test at the right time to properly connect you to the epidemiological links of the virus. It takes about 3-5 days on average for the viral load in the body to be high enough to show a positive result on a diagnostic test. If you are going out into public, it is important to monitor your symptoms daily.

What's the proper personal protective equipment (PPE)?

Refer to your Employer's COVID-19 Preparedness and Response Plan for the PPE to be worn at work. The more often you practice COVID-19 mitigation strategies (handwashing, social distancing, wearing face coverings) the risk of COVID-19 transmission goes down.
Spectrum Health Visiting Nurse Association partners with businesses and organizations across West Michigan to provide flu shots in the community via On-Site Clinics. Below are some of the benefits of working with us:

- **No initial costs to companies**
- **Convenient appointment times**
- **Skilled nursing staff administer quadrivalent vaccines at your location**
- **Billed directly to your insurance provider and/or your company**
- **Ability to accommodate companies with a minimum of 15 staff members in the West Michigan area**
- **Potential to reduce sick days and loss in productivity**
- **Promotes healthy lifestyles for your staff**

Visit [Spectrumhealth.org/fluclinic](http://Spectrumhealth.org/fluclinic) for more information.

Contact Vanessa Wustman at 616.486.3050 or vanessa.wustman@spectrumhealth.org for more information.
Questions/Feedback?

What can we do to support you?